

CATHEDRAL NEWS

MONDAY NIGHT YOUNG ADULT BIBLE STUDY

Join Holy Rosary Cathedral Young Adults for *When You Pray*, a 7-week study exploring the journey of prayer and how we can grow in our relationship with God. We begin on Monday, September 14 at 7 PM in Holy Rosary Hall and continue every Monday for seven weeks, excluding statutory holidays. For more info. contact hrc.youngadults@gmail.com.

FEAST OF THE HOLY ROSARY, OCT. 7

Wednesday, October 7 is the Feast of Our Lady of the Holy Rosary. It is the patronal feast of the Cathedral and of the Archdiocese of Vancouver. Masses on this day will have special readings and we will have a special Latin Mass at 6:30 PM, all are welcome to attend.

FEAST OF THE DEDICATION OF THE CATHEDRAL

On Saturday, October 3 we celebrate the feast of the dedication of Holy Rosary Cathedral. There will be special a Latin Mass at 6:30 PM to celebrate this important day on the Cathedral calendar.

PRO LIFE MASS AND PRAYER VIGIL, OCTOBER 3

Join your voice with ours as we pray on the first Saturday of each month for respect for all human life, from conception to its natural end. The next Mass will be at St. Helen's parish in Burnaby. Mass begins at 9 AM followed by the rosary and other prayers. All are welcome.

SINGERS NEEDED FOR SATURDAY 5:10 PM MASS

We are looking for female voices to join us for the Saturday evening Mass. Repertoire includes some Latin pieces. Please contact Gemma at: jsmmary4138@gmail.com for more information.



END-OF-LIFE CARE PANEL | SEPTEMBER 26

Panel Discussion on end-of-life care for Catholic physicians and nurse practitioners on Saturday, September 26th, from 9 AM to 12 noon, at Holy Name Parish. (Cambie & W. 33rd) The event is listed in the RCAV Behold as Catholic End-of-Life Care Panel. It is free, but registration is required. Ten Catholic physicians and one nurse practitioner across from RCAV will be on the panel.

ORDINATION OF J. ROBLES TO THE DIACONATE

The ordination to the Diaconate of Jerome Robles will be held on Friday, October 16, 2026 at 7 PM at Holy Rosary Cathedral. The faithful are warmly invited to attend and join in prayer for Jerome as he prepares to serve the Church as a deacon.

CATHEDRAL OFFICE HOURS

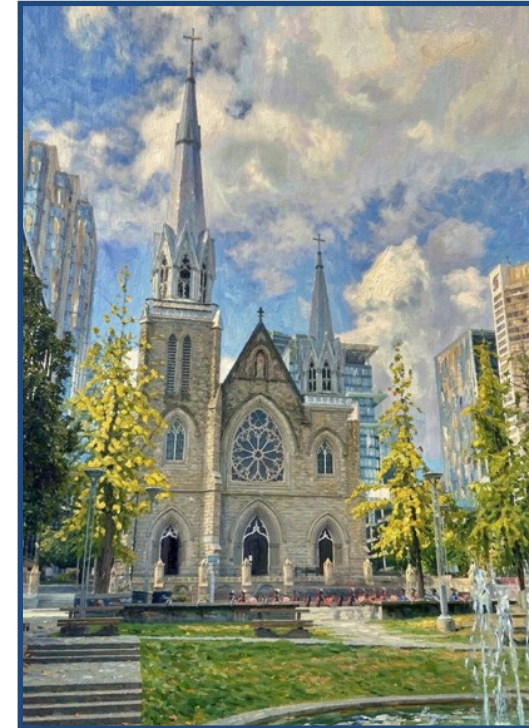
Monday-Friday, 10 AM - 12 PM & 1 - 4:30 PM
(604) 682 6774 ext. 0

Please visit our website and follow our
social media accounts
[@holyrosarycathedral](https://www.instagram.com/holyrosarycathedral)



CATHEDRAL OF OUR LADY OF THE HOLY ROSARY

ARCHDIOCESE OF VANCOUVER



September 20, 2026

XXV SUNDAY

IN ORDINARY TIME

646 RICHARDS STREET, VANCOUVER, BRITISH COLUMBIA, V6B 3A3

ARCHBISHOP
RECTOR
VICE RECTOR
ASSISTANT PRIESTS

Most Rev. Richard W. Smith
Very Rev. Stanley Galvon
Rev. Pablo Santa Maria, JCL
Rev. Nicolas Tumbelaka
Rev. Jose Thomas, OP
Rev. Bonaventure Ukeh, JCD
Rev. Anthony Diaz, CMF
Rev. Mr. Zak Santiago
Rev. Mr. Richard Chau

DEACONS



SUNDAY MASS SCHEDULE

Saturday 5:10 PM anticipated Mass
Sunday 8 AM, 11 AM, 1 PM, 4 PM in Latin
6:30 PM in Spanish, 8 PM

WEEKDAY MASSES

7:15 AM, 12:10 PM and 5:10 PM
Latin Mass: Fridays at 6:30 PM

CONFESSIONS

Mon - Sat. 11 to 11:45 AM & 4 to 4:45 PM
Sundays from 9 to 9:30 AM
Spanish Confessions: Sundays from 6 to 6:25 PM

604 682 6774 | office@vancouvercathedral.org | [holyrosarycathedral.org](https://www.holyrosarycathedral.org)

CATHEDRAL OFFICE INFORMATION

office@vancouvercathedral.org

646 Richards Street, Vancouver BC, V6B 3A3

Phone: 604 682 6774 | Website: holyrosarycathedral.org

Office Manager: Krystyna Kasprzak | Cathedral Secretaries: Maria Watson & Marina Ubalde

Groundskeepers: Peter Dziuk & Rolando Dauz | Security: Raghav Nagpal & Rolando Dauz

DEVOTIONS & SPIRITUAL LIFE

Sunday Vespers and Benediction: 5:30 PM

First Friday devotions to the Sacred Heart: After 6:30 PM Latin Mass

Rosary: Monday to Saturday at 11:40 AM & 4:40 PM

Adoration: Fridays from 12:45 PM to 3:30 PM



CATHEDRAL LIFE

BAPTISMS

Baptisms are held on most Sundays at 2:30 PM. Baptism are for Cathedral parishioners or those who live in the boundaries of the Cathedral. Please call the Cathedral office to find out more.

MARRIAGES

Bookings should be made at least six months in advance. Couples please contact the Cathedral office for information.

MUSIC & CHOIRS AT THE CATHEDRAL

Please contact music director, Catherine Walsh at catherine.organist@gmail.com for more info.

KNIGHTS OF COLUMBUS

For more info, please contact: Father Stanley Galvon.

HRC YOUNG ADULTS

Contact: hrc.youngadults@gmail.com; https://www.instagram.com/hrc.youngadults/

LATIN MASS AT THE CATHEDRAL

At the Cathedral we have a Traditional Mass community. Masses on Friday (6:30 PM) and Sundays (4 PM).

CATHOLIC WOMEN'S LEAGUE

Contact Jane Rosenthal at janemrose@telus.net.

LEGION OF MARY

If you would like to get involved please contact Ave, (778) 896 0649.

ALTAR MINISTRY

The Cathedral has a team of dedicated men who serve at specific Masses. To become an Altar Server or a reader please contact the Master of Ceremonies, Fr. Santa Maria: psantamaria@rcav.org

HANDMAIDS OF THE LORD

This is an all-women ministry of the Couples for Christ. Contact: Ruby, ruby.asuncion14@gmail.com

HISPANIC COMMUNITY

The weekly Spanish Mass now caters to the Spanish-speaking community in our parish: comunidadhispanahrc@gmail.com

CATHEDRAL BELL RINGERS

Our eight bells are rung by hand by a dedicated band of bell ringers. Visit www.vscr.ca for more info.

Oil Painting of the Cathedral
PSMW © 2023

THE CHAPLET OF THE SEVEN SORROWS

From the earliest years of Our Lord's life, the Blessed Mother suffered the pains and anxieties of motherhood. Through Simeon's prophecy, Our Lady knew that a sword would pierce her soul. Shortly afterwards, the Holy Family had to flee to Egypt to save Jesus from King Herod (Mt 2:13-23). When Our Lord was 12 years old, Mary and Joseph suffered the pain of losing him for three days in the Temple. From the beginning of Christ's public mission, the opposition her Son faced, according to the Gospels, must have caused her tremendous suffering. The culmination of all this was the Cross.

The title 'Our Lady of Sorrows' honours the trials faced by the Mother of the Suffering Servant (Isaiah 52), and for this reason, this feast is celebrated immediately after the Exaltation of the Holy Cross. Saint Alphonsus once remarked that: "This poor Mother had to watch as her Son, so kind and so beloved, was unjustly taken from her arms in the prime of His life and subjected to a barbaric death... The immense torment that Mary endured for us—more painful than a thousand deaths—deserves our compassion and our gratitude."

During the month of September we honour not only the Cross that brought us our salvation, but also the sorrows of Our Blessed Mother. To better unite ourselves with her we can pray the Sorrowful Mother Chaplet which commemorates the Seven Sorrows of Our Lady.

This Chaplet, also known as the Servite Rosary or Rosary of the Seven Sorrows, includes seven groups of seven beads separated by seven medals representing the seven sorrows of Mary. In 1239, the Order of the Servants of the Blessed Virgin Mary, or Servites, decided to devote themselves to the sorrows of Mary, meditating especially on those seven sorrows, seven being a number that indicates fullness and the number of the sacraments. The Servites promoted this devotion particularly in the 14th century during the Black Death. During the genocide in Rwanda in the 1980s, Our

Lady of Kibeho, in an apparition recognised by the Church to three teenage girls, fervently recommended praying the Chaplet of the Seven Sorrows. This practice can serve as a model for times of personal or corporate trials.

HOW IS THIS ROSARY PRAYED?

Begin with the Act of Contrition, then pray one Our Father and seven Hail Marys for each of Mary's seven Sorrows. Finally pray three Hail Marys in honour of the tears shed by the Blessed Mother. Pray one Our Father, Hail Mary, and Glory Be for the intentions of the Holy Father. Finally, pray 'Sorrowful Virgin, pray for us' three times. Each of the seven decades commemorates one of the Seven Sorrows:

- I. Simeon's prophecy (Lk. 2, 25 - 35)
- II. The Flight into Egypt (Mt. 2, 13 - 15)
- III. The Christ child is lost for three days (Lk. 2, 41-50)
- IV. Mary finds Christ on the way to Calvary (Jn. 19, 17)
- V. Crucifixion and Death of Jesus (Jn. 19, 25 - 30)
- VI. Our Lord's body is taken down from the Cross (Jn. 19, 31 - 37)
- VII. The burial of Christ (Jn. 19, 38 - 42)

Saint Alphonsus Liguori wrote in his book *The Glories of Mary* about four blessings that the Lord would give to those who meditate on the Sorrows of the Blessed Mother. He said that "Those who invoke the divine mother for her sorrows will deserve to obtain repentance for all their sins before their death. That He will protect them in their tribulations, particularly at the hour of death. That He will imprint in them the memory of His passion and for this they will be rewarded in heaven. That He will commend these devoted servants into Mary's hands, that she may do with them as she pleases and obtain for them the graces she desires."

At the Cathedral gift store, we offer the rosary chaplet for those who would like to begin this devotion.