

# CATHEDRAL NEWS

## FALL BIBLE STUDY

Come and join us at Holy Rosary Cathedral to learn from **Saint Paul's letter to the Galatians** concerning living out the unchanging Gospel of Jesus Christ with good fruit that the Holy Spirit produces in every disciple. We will be using material available from formed.org at no cost to participate. Contact the parish office to register with your email address to receive the Zoom link to the 9 online weekly, Wednesday evening sessions starting on September 20 at 7:30 PM.

## DAUGHTERS OF ST. PAUL BOOK FAIR, SEPT. 25

The Daughters of Saint Paul will be at the Cathedral on Monday, September 25 with books available for purchase after all Masses.

## BELLE VOCI CONCERT, SEPTEMBER 30, 7:30PM

The Chilliwack Symphony Orchestra's Baroque Ensemble together with Belle Voci, are pleased to announce the return of the highly celebrated presentation of George Friederich Handel's Dixit Dominus. This beautiful setting of Psalm 110 is Handel's earliest surviving work, written when he was just 22, and has a unique character amongst all of his compositions, which we will perform on period instruments, in the style of our celebrated Messiah. Saturday, September 30 at 7:30 PM at Holy Rosary Cathedral. Tickets available at chilliwacksymphony.com or at the door.

## PRO LIFE MASS AND PRAYER VIGIL, OCTOBER 7

Join us for a monthly Mass and vigil to pray for respect for all human life, from conception to its natural end. The next Mass will be held at St. Patrick's Parish in Maple Ridge on Saturday, October 7 at 9 AM.

## PROJECT ADVANCE UPDATE

Dear parishioners and friends, our Project Advance appeal for this year is going well. We have so far raised \$68,613 and are getting closer to the \$70,200 diocesan target. Once we hit this target, remaining funds will be rebated to us for the Cathedral's own projects - roofing costs, engineering tests for seismic preparedness and security camera upgrades. Please prayerfully discern how you can support Project Advance this year. Pick up a Project Advance envelope in the foyer or go to projectadvance.ca to make your donation. Thank you for your generous support of Project Advance.

## NEW ITEMS AT THE CATHEDRAL GIFT SHOP

There are new items arriving weekly at the Cathedral Gift Shop. Please stop by the Gift Shop to see what's new. The Gift Shop accepts credit cards, debit cards and cash.

## CATHEDRAL OFFICE HOURS

Monday-Friday, 10 AM - 12 PM and 1 - 4 PM.  
(604) 682 6774 ext. 0  
Email: office@vancouvercathedral.org

**Please visit our website and follow our social media accounts.  
@holyrosarycathedral**



# CATHEDRAL OF OUR LADY OF THE HOLY ROSARY

ARCHDIOCESE OF VANCOUVER



SEPTEMBER 17, 2023  
XXIV SUNDAY  
IN  
ORDINARY TIME

646 RICHARDS STREET, VANCOUVER, BRITISH COLUMBIA, V6B 3A3

**ARCHBISHOP**

Most Rev. J. Michael Miller, CSB

**RECTOR**

Very Rev. Stanley Galvon

**VICE-RECTOR**

Rev. Pablo Santa Maria, JCL

**ASSISTANT PRIESTS**

Rev. Arsene Dutunge, JCL

Rev. Tomson Egirious

Rev. Peter Ha

Rev. Meletius Mlingi

Rev. Mr. Alvin Rint

Rev. Mr. Richard Chau

**DEACONS**



## SUNDAY MASS SCHEDULE

Saturday 5:10 PM anticipated Mass  
Sunday 8 AM, 11 AM, 1 PM, 4 PM in Latin  
6:30 PM in Spanish, 8 PM

## WEEKDAY MASSES

7:15 AM, 12:10 PM and 5:10 PM  
Latin Mass: Fridays at 6:30 PM

## CONFESSIONS

Mon - Sat. 11 to 11:45 AM & 4 to 4:45 PM  
Spanish Confessions: Sundays from 6 to 6:25 PM

(604) 682 6774 | office@vancouvercathedral.org | holyrosarycathedral.org

**CATHEDRAL OFFICE INFORMATION**

**office@vancouvercathedral.org**

**646 Richards Street, Vancouver BC, V6B 3A3**

**Phone:** (604) 682 6774 | **Fax:** (604) 331 8406 | **Website:** www.holyrosarycathedral.org

**Office Manager:** Krystyna Kasprzak | **Cathedral Secretaries:** Maria Watson & Marina Ubalde

**Groundskeepers:** Peter Dziuk & Rolando Dauz | **Security:** Jojo Dauz

**DEVOTIONS & SPIRITUAL LIFE**

**Sunday Vespers and Benediction:** 5:30 PM

**First Friday devotions to the Sacred Heart:** After 6:30 PM Latin Mass

**Rosary:** Monday to Saturday at 11:40 AM & 4:40 PM

**Adoration:** Fridays from 12:45 PM to 3:30 PM



**CATHEDRAL LIFE**

**BAPTISMS**

Baptisms are held on most Sundays at 2:30 PM. Baptism are for Cathedral parishioners or those who live in the boundaries of the Cathedral. Please call the Cathedral office to find out more.

**MARRIAGES**

Bookings should be made at least six months in advance. Couples please contact the Cathedral office for information.

**MUSIC & CHOIRS AT THE CATHEDRAL**

Please contact music director, Catherine Walsh at catherine.organist@gmail.com for more info.

**KNIGHTS OF COLUMBUS**

For more info, please contact: Father Stanley Galvon .

**HRC YOUNG ADULTS**

Contact: hrcyoungadults@gmail.com; http://facebook.com/hrcyoungadults

**LATIN MASS AT THE CATHEDRAL**

At the Cathedral we have a Traditional Mass community. Masses on Friday (6:30 PM) and Sundays (4 PM). Coordinator: Daniel Chan.

**CATHOLIC WOMEN'S LEAGUE**

Contact Jane Rosenthal at janemrose@telus.net.

**LEGION OF MARY**

If you would like to get involved please contact Ave, (778)896 0649.

**ALTAR MINISTRY**

The Cathedral has a team of dedicated men who serve at specific Masses. To become an Altar Server or a reader please contact the Master of Ceremonies, Fr. Santa Maria: psantamaria@rcav.org

**HANDMAIDS OF THE LORD**

This is an all-women ministry of the Couples for Christ Info. Grace Inonog: grace.inonog@yahoo.com

**HISPANIC COMMUNITY**

The weekly Spanish Mass now caters to the Spanish -speaking community in our parish: comunidadhispahanrc@gmail.com

**CATHEDRAL BELL RINGERS**

Our eight bells are rung by hand by a dedicated band of bell ringers. Visit www.vscr.ca for more info.

**IS IT POSSIBLE TO FORGIVE?**

A very good website to help us with our questions about living out our Catholic faith is Catholic.com. Fr. John Dietzen has written a Q & A column for many years. Here is a sample of his help. Someone asked: "Is it possible to forgive?"

*"Through the years I have been very badly hurt by several people, especially when I was younger. I know there is a mandate from God that we are to forgive those who offend us, even those who do grave injustice against us. I am finding it so difficult to forgive these people deep in my heart. What can someone like myself do?"*

The number of questions I receive on this subject surprises me. People, obviously very good people, find themselves spiritually frustrated and guilty because they, as you, feel they cannot forgive and don't know what to do about it.

From my own pastoral experience, it seems that a large part of the problem stems from the old admonition to forgive and forget. In most cases, especially when the hurt has been grievous, it is impossible to forget, even after many years.

The mistaken supposition then is that one has not forgiven the wrongdoer. We forgive others by letting go of resentment and the desire to take revenge, to inflict harm in return on those who have violated us. Memory of what happened may remain.

It is normal and healthy to be angry when someone does violence to us or to someone we love, and that anger may reappear when the memory of injuries recurs. But again, that does not rule out forgiveness. Anger, just as the other normal human passions, is necessary and proper.

It's how we respond to anger that is important. When we cease to harbor the desire for vengeance, when we give up our need to get even, to punish the other person for what he or she did, we are well on the road to forgiveness.

Two very ordinary actions can be signs that, however much we still hurt, we are in the process of forgiving. First, we can pray for the other person. When we do that, we are also, even if we don't realize it, praying for our own healing. And second, we can be willing to treat the other person with civility and charity. We don't need to seek him or her out, and we don't need to be friends or buddies. But we should be open to simple Christian decency if the situation presents itself.

I know that many who say they cannot forgive have already reached this point. If not, it is something to aim for with God's help and much more sensible than trying to suppress our memories.

**PRAYER FOR FORGIVENESS OF OTHERS**

HEAVENLY FATHER, I need your help and your insights. Today I have gained a better understanding of forgiving others and with your help, I desire to fully forgive from my heart. Although I have been sinned against, I know I myself have sinned against others. You have freely forgiven me, so I want with Your help to forgive them as well. Heavenly Father, I ask you to forgive me for hurting others out of my own hurt and to heal my relationships with others. I pray all of this in Jesus' precious name and by whom all forgiveness and healing is made possible.

R. Amen

