

A T T H E C A T H E D R A L

ASH WEDNESDAY

On Wednesday, February 22 we begin the holy season of Lent with Ash Wednesday. On that day we will have Masses at 7:15 AM, 12:10 PM, 5:10 PM & 6:30 PM. The Mass at 12:10 PM will be celebrated by His Grace the Archbishop.

HOLY HOUR & HAPPY HOUR, FEB. 17 AT 8 PM

Join the young adults of the Cathedral for adoration of the Blessed Sacrament and reconciliation. Following the adoration by fellowship at a local pub. For more information : www.facebook.com/hrcyoungadults/

SAVE YOUR STAMPS

Please take a few minutes to save your used postage stamps and drop them off at the cathedral office or gift shop for the K of C Vocation Fund. The knights have had great success in raising funds annually to assist with those preparing for priesthood. If you have questions contact Arie Smits: amsmits@shaw.ca.

DISCERNING THE PERMANENT DIACONATE

Would you like to know more about the vocation of a Permanent Deacon? Join us on Saturday, Feb. 18, for a special talk: "Come and Serve: Discerning the Permanent Diaconate, at Saint Nicholas Parish, Langley, from 9 am to 11:45 AM. Men interested in this ordained ministry, and their wives are invited. Registration is required and accepted until Feb. 14. Coffee and refreshments will be provided. Please send an email to deacons@rcav.org to register.



PRO-LIFE MASS AND PRAYER VIGIL, MARCH 4

Join this monthly Mass and vigil to pray for respect for all human life from its beginning to its natural. The next Mass will be on March 4 at St. Anthony's Parish in West Vancouver at 9 AM.

ASSEMBLY OF WESTERN CANADA BISHOPS MASS

The Western Bishops of Canada will be celebrating Mass on Tuesday, Feb. 14, 2023, at Saint Paul's Parish in Richmond. Mass will begin at 5:00 PM. All are welcome to attend.

CATHEDRAL PARISH OFFICE HOURS

Monday-Friday, 10 AM - 12 PM and 1 - 4 PM.
604-682-6774 ext.0
office@holyrosarycathedral.org

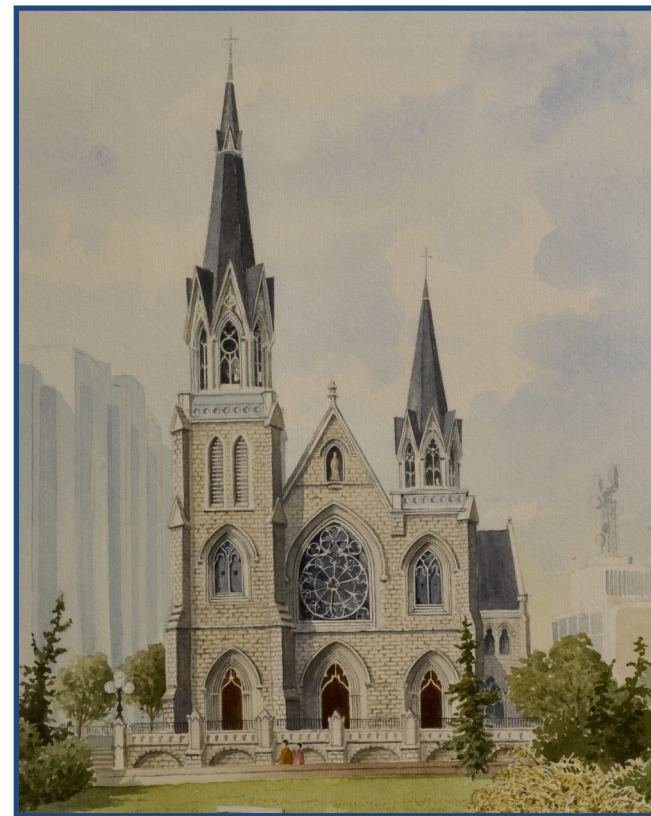
Please visit our website and follow our social media accounts.

[@holyosarycathedral](https://www.instagram.com/holyosarycathedral)



CATHEDRAL OF OUR LADY OF THE HOLY ROSARY

ARCHDIOCESE OF VANCOUVER



FEBRUARY 12, 2023
VI SUNDAY IN
ORDINARY TIME

646 RICHARDS STREET, VANCOUVER, BRITISH COLUMBIA, V6B 3A3

ARCHBISHOP

Most Rev. J. Michael Miller, CSB

RECTOR

Very Rev. Stanley Galvon

VICE-RECTOR

Rev. Pablo Santa Maria, JCL

ASSISTANT PRIESTS

Rev. Arsene Dutunge, JCL

Rev. Tomson Egirious

Rev. Peter Ha

DEACONS

Rev. Mr. Alvin Rint

Rev. Mr. Richard Chau



SUNDAY MASS SCHEDULE
Saturday 5:10 PM anticipated Mass
Sunday 8 AM, 11 AM, 1 PM, 4 PM in Latin
6:30 PM in Spanish, 8 PM

WEEKDAY MASSES
7:15 AM, 12:10 PM and 5:10 PM
Latin Mass: Fridays at 6:30 PM

CONFESSIONS
Mon - Sat. 11 to 11:45 AM & 4 to 4:45 PM
Spanish Confessions: Sundays from 6 to 6:25 PM

(604) 682 6774 | office@vancouvercathedral.org | holyrosarycathedral.org

CATHEDRAL OFFICE INFORMATION

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646 Richards Street, Vancouver BC, v6B 3A3

Phone: (604) 682 6774 | **Fax:** (604) 331 8406 | **Website:** www.holyrosarycathedral.org

Office Manager: Krystyna Kasprzak | **Cathedral Secretaries:** Maria Watson & Marina Ubalde

Groundskeepers: Peter Dziuk & Rolando Dauz | **Security:** Jojo Dauz

DEVOTIONS & SPIRITUAL LIFE

Sunday Vespers and Benediction: 5:30 PM

First Friday devotions to the Sacred Heart: After 6:30 PM Latin Mass

Rosary: Monday to Saturday at 11:40 AM & 4:40 PM

Adoration: Fridays from 12:45 PM to 3:30 PM



CATHEDRAL LIFE

BAPTISMS

Baptisms are held on most Sundays at 2:30 PM. Baptism are for Cathedral parishioners or those who live in the boundaries of the Cathedral. Please call the Cathedral office to find out more.

MARRIAGES

Bookings should be made at least six months in advance. Couples please contact the Cathedral office for information.

MUSIC & CHOIRS AT THE CATHEDRAL

Please contact music director, Catherine Walsh at catherine.organist@gmail.com for more info.

KNIGHTS OF COLUMBUS

For more info, please contact: Rikard Hartgenger, rikard@krossfari.com

HRC YOUNG ADULTS

Contact: hrcyoungadults@gmail.com;
<http://facebook.com/hrcyoungadults>

LATIN MASS AT THE CATHEDRAL

At the Cathedral we have a Traditional Mass community. Masses on Friday (6:30 PM) and Sundays (4 PM). Coordinator: Daniel Chan.

CATHOLIC WOMEN'S LEAGUE

Contact Jane Rosenthal at janemrose@telus.net.

LEGION OF MARY

If you would like to get involved please contact Ave, (778)896 0649.

ALTAR MINISTRY

The Cathedral has a team of dedicated men who serve at specific Masses. To become an Altar Server please contact the Master of Ceremonies, Fr. Santa Maria: psantamaria@rcav.org

HANDMAIDS OF THE LORD

This is an all-women ministry of the Couples for Christ Info. Grace Inonog: grace.inonog@yahoo.com

HISPANIC COMMUNITY

The weekly Spanish Mass now caters to the Spanish-speaking community in our parish: comunidadhispanahrc@gmail.com

CATHEDRAL BELL RINGERS

Our eight bells are rung by hand by a dedicated band of bell ringers. Visit www.vscr.ca for more info.

Picture on Cover: Watercolour of the Cathedral © PSMW 2018

LENT IS APPROACHING

We call Lent the period of forty days of preparation of Easter. Since the 4th century, there has been a tendency to make it a time of penance and renewal for the whole Church, with the practice of fasting and abstinence.

"Every year, during the forty days of Great Lent, the Church unites herself to the Mystery of Jesus in the desert" (Catechism of the Catholic Church, n. 540). By proposing to her faithful the example of Christ in his retreat into the desert, she prepares herself for the celebration of the Easter solemnities, with purification of heart, a perfect practice of the Christian life and a penitential attitude.

We are invited to live during this time a spirit of penance and conversion.

Penance, Latin translation of the Greek word metanoia, which in the Bible means the conversion (spiritual change) of the sinner. It designates a whole set of interior and exterior acts aimed at the reparation of the sin committed, and the resulting situation for the sinner. Literally change of life, it is said of the act of the sinner who returns to God after having been far from Him, or of the unbeliever who comes to faith.

"The interior penance of the Christian can be expressed in many and various ways. Scripture and the Fathers insist above all on three forms, fasting, prayer, and almsgiving, which express conversion in relation to oneself, to God, and to others. Alongside the radical purification brought about by Baptism or martyrdom they cite as

means of obtaining forgiveness of sins: effort at reconciliation with one's neighbour, tears of repentance, concern for the salvation of one's neighbor, the intercession of the saints, and the practice of charity "which covers a multitude of sins." (1 Peter, 4, 8.) (Catechism of the Catholic Church, n. 1434.

These and many other forms of penance can be practiced in the daily life of the Christian, especially in the season of Lent and on Friday, a penitential day.

All of this is done with the hope of arriving at a conversion of heart: Conversion which is to be reconciled to God, to turn away from evil, to establish friendship with the Creator. It involves repenting and confessing each and every one of our sins. Once in grace (without consciousness of mortal sin), we must set out to change from within (in attitudes) all that is displeasing to God.

Christ's call to conversion continues to resound in the lives of Christians. This second conversion is an uninterrupted task for the whole Church who, "clasping sinners to her bosom, is at once holy and always in need of purification, and follows constantly the path of penance and renewal." This endeavor of conversion is not just a human work. It is the movement of a "contrite heart," drawn and moved by grace to respond to the merciful love of God who loved us first. (Catechism of the Catholic Church, n. 1428)

With Lent fast approaching, this is a good time to think how this coming Lent will help us grow closer to God, and to leave behind whatever separates us from Him.