**Holy Hour Happy Hour, July 15**
Join us at the Cathedral for a Holy Hour, a peaceful time to connect with Jesus, followed by a social event for young adults in their 20s and 30s. The Holy Hour is followed by a social event for young adults in their 20s and 30s at a nearby restaurant. Friday, July 15, 8 pm.

**St. Mark’s College: Summer Institute**
The Summer Institute offers all who are interested - including those who work in education, parish ministry, healthcare, and other professions - the opportunity to engage deeply in reflection and discussion. Among other courses, you can learn about evangelization with Fr. Davide Lanzani or what it means to be a Catholic in culturally diverse Vancouver with Hansol Goo. Classes take place from July 4 - 15. More details and registration at stmarkscollege.ca.

**Men’s Retreat**
Life-restoration ministries, will be offering a Men’s Retreat from September 30 to October 2, 2022. Archbishop Miller has strongly encouraged Life-Restoration Ministries to continue providing men’s and women’s retreats. The theme for this year’s retreat is “Man in the Arena.” The retreat will challenge men to step into the arena of their lives, relying on the strength of God the Father. Registration will be available starting on July 9 at 9 am at liferestoration.ca/mensretreat. This event will sell out so please register sooner rather than later.

**KOC 2022 Summer 50/50 Charity Appeal**
The Knights of Columbus Charity Foundation is hosting a 50/50 raffle - winner takes half! The more tickets purchased, the bigger the winnings. Purchase your ticket to the draw and help a charitable cause. Proceeds go to the dioceses in BC for outreach programs and the advancement of education. The campaign ends on Tuesday, July 5. Learn more and buy your tickets at kofcbc5050.ca.

**Please keep Pope Francis in your prayers as he prepares for his visit to Canada. The Pope will be in Canada from Jul. 24-29. For more details on the visit please visit papalvisit.ca**

Please visit our website and follow our social media accounts. @holyrosarycathedral

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Happy Canada Day!
CATHEDRAL LIFE

BAPTISMS
Baptisms are held on most Sundays at 2:30 PM. Baptism are for Cathedral parishioners or those who live in the boundaries of the Cathedral. Please call the Cathedral office to find out more.

MARRIAGES
Bookings should be made at least six months in advance. Couples please contact the Cathedral office for information.

MUSIC & CHOIRS AT THE CATHEDRAL
Please contact music director, Catherine Walsh at catherine.organist@gmail.com for more info.

KNIGHTS OF COLUMBUS
For more info, please contact: Ben Wong, 778 858 6323 or benwong.kofc@shaw.ca

HRC YOUNG ADULTS
Contact: hrcregional@gmail.com; http://facebook.com/hrcregional

LATIN MASS AT THE CATHEDRAL
At the Cathedral we have a Traditional Mass community. Masses on Friday (6:30 PM) and Sundays (4 PM). Coordinator: Daniel Chan.

CATHOLIC WOMEN’S LEAGUE
Contact Jane Rosenthal at janemrose@telus.net.

LEGION OF MARY
If you would like to get involved please contact Ave, (778)896 0649.

ALTAR MINISTRY
The Cathedral has a team of dedicated men who serve at specific Masses. To become an Altar Server please contact the Master of Ceremonies, Fr. Santa Maria: psantamaria@rcav.org

HANDMAIDS OF THE LORD
This is an all-women ministry of the Couples for Christ Info. Grace Inonog: grace.inonog@yahoo.com

HISPANIC COMMUNITY
The weekly Spanish Mass now caters to the Spanish-speaking community in our parish: comunidaddiaspanahr@gmail.com

CATHEDRAL BELL RINGERS
Our eight bells are rung by hand by a dedicated band of bell ringers. Visit www.vscr.ca for more info.

The words which follow are from the homilies and prayers of Pope St John Paul II when he visited Canada in September 1984. They are timeless in how they encourage us and challenge us as Canadians in Canada to serve the true needs of all Canadians and people around the world in our love of Jesus.

We give thanks for all the richness of creation – in particular for the richness that has been shared in by the succeeding generations in Canada. Both by the generations that lived here in the past, according to the principles of their original culture, and also by the generations that have come here from beyond the sea, gradually building up the structures of a new civilization and Canadian culture. We give thanks to the Lord for the opportunities that countless families have found here over the years, and for the freedom and hope they have enjoyed.

“In God’s plan you were not meant to inherit a broken world. It is the responsibility of all of us to change the dangerous course of events in which human beings have embarked.

In solidarity with your brothers and sisters of different nations and races and cultures, it is possible for you to change the world and to shape a better future for all – a future in which persons are more important than profits, in which the world’s resources are justly shared, and in which peaceful negotiations replace the threats of war.

But in order to do this you need God’s help. And God’s help comes to you through prayer. Your union with Christ will be the secret of your effectiveness, and it is strengthened by your prayer, your conversation with God, the lifting up of your heart to Him. The celebrations of Canada Day remind us that we have to have a healthy love of country. We are all members of this wonderful community that is Canada. There are many things in this country that make it a great nation and we should be thankful for them. However, there are things that remain great injustices. We remember to be thankful to God for the many things that make us a great nation, but we also need to work and pray to correct the injustices that remain: always keeping in mind the most vulnerable and those who are on the peripheries.

Happy Canada day from the priests and staff of the Cathedral.