



II SUNDAY IN LENT

II VESPERS

CATHEDRAL OF OUR LADY OF THE HOLY ROSARY
VANCOUVER BC

II VESPERS

INTRODUCTION

V. O God, ✠ come to my assistance

R. O Lord, make haste to help me.

V. Glory be to the Father and to the Son and to the Holy Spirit.

R. As it was in the beginning is now and ever shall be world without end. Amen. Praise to you O Lord, King of Eternal Glory!

HYMN

FORTY DAYS AND FORTY NIGHTS

George Hunt Smyttan 1822 – 1870

Nurenbergisches Gesanbuch 1676



1 For - ty days and for - ty nights
2 Shall not we thy sor - row share
3 Then if Sa - tan on us press,



Thou wast fast - ing in the wild;
And from world - ly joys ab - stain,
Flesh or spi - rit to as - sail,



For - ty days and for - ty nights
Fast - ing with un - ceas - ing prayer,
Vic - tor in the wil - der - ness,



Tempt - ed, and yet un - de - filed.
Strong with thee to suf - fer pain?
Grant we may not faint nor fail!

PSALMODY

Ant. 1 In holy splendour the Lord will send forth your mighty sceptre
from Zion.

Psalm 109, 1-5, 7
The Messiah, king and priest

THE LORD'S REVELATION TO MY MASTER: †
"Sit on my right: *
your foes I will put beneath your feet."

The Lord will wield from Zion †
your sceptre of power: *
rule in the midst of all your foes.

A prince from the day of your birth †
on the holy mountains; *
from the womb before the dawn I begot you.

The Lord has sworn an oath he will not change. †
"You are a priest for ever, *
a priest like Melchizedeck of old."

The Master standing at your right hand *
will shatter kings in the day of his wrath.

He shall drink from the stream by the wayside *
and therefore he shall lift up his head.

Glory be to the Father, and to the Son, *
and to the Holy Spirit:

As it was in the beginning, is now and ever shall be, *
world without end. Amen.

Ant. In holy splendour the Lord will send forth your mighty sceptre
from Zion.

Ant. 2 We worship the one true God who made heaven and earth.

Psalm 115

NOT TO US, LORD, NOT TO US, *
but to your name give the glory
for the sake of your love and your truth, *
lest the heathen say: "Where is their God?"

But our God is in the heavens; *
he does whatever he wills.
Their idols are silver and gold, *
the work of human hands.

They have mouths but they cannot speak; *
they have eyes but they cannot see;
they have ears but they cannot hear; *
they have nostrils but they cannot smell.

With their hands they cannot feel; †
with their feet they cannot walk. *
No sound comes from their throats.

Their makers will come to be like them *
and so will all who trust in them.

Sons of Israel, trust in the Lord; *
he is their help and their shield.
Sons of Aaron, trust in the Lord; *
he is their help and their shield.

You who fear him, trust in the Lord; *
he is their help and their shield.
He remembers us, and he will bless us; †
he will bless the sons of Israel. *
He will bless the sons of Aaron.

The Lord will bless those who fear him, *
the little no less than the great:
to you may the Lord grant increase, *
to you and all your children.

May you be blessed by the Lord, *
the maker of heaven and earth.
The heavens belong to the Lord *
but the earth he has given to men.

The dead shall not praise the Lord, *
nor those who go down into the silence.
But we who live bless the Lord *
now and for ever. Amen.

Glory be to the Father, and to the Son, *
and to the Holy Spirit:

As it was in the beginning, is now and ever shall be, *
world without end. Amen.

Ant. We worship the one true God who made heaven and earth.

Ant. 3 God did not spare his own Son but gave him up for us all.

Canticle: I Peter 2, 21 - 24

CHRIST SUFFERED FOR YOU, †
and left you an example *
to have you follow in his footsteps.

He did no wrong; *
no deceit was found in his mouth.
When he was insulted, *
he returned no insult.

When he was made to suffer, *
he did not counter with threats.
Instead he delivered himself up *
to the One who judges justly.

In his own body *
he brought your sins to the cross,
so that all of us, dead to sin, *
could live in accord with God's will.
By his wounds you were healed.

Glory be to the Father, and to the Son, *
and to the Holy Spirit:

As it was in the beginning, is now and ever shall be, *
world without end. Amen.

Ant. God did not spare his own Son but gave him up for us all.

READING

I Corinthians 9, 24 - 25

WHILE ALL THE RUNNERS in the stadium take part in the race,
the award goes to one man. In that case, run so as to win!
Athletes deny themselves all sorts of things. They do this to win a crown
of leaves that withers, but we a crown that is imperishable.

RESPONSORY

V. Listen to us, O Lord, and have mercy, for we have sinned against you.

R. Listen to us, O Lord, and have mercy, for we have sinned against you.

V. Christ Jesus, hear our humble petitions,

R. for we have sinned against you.

V. Glory be to the Father, and to the Son, and to the Holy Spirit.

R. Listen to us, O Lord, and have mercy, for we have sinned against you.

MAGNIFICAT

Ant. Tell no one about the vision you have seen until the Son of Man
has risen from the dead.

Canticle of Mary

Luke 1, 46 - 55

MY ✠ SOUL PROCLAIMS THE GREATNESS OF THE LORD, †
my spirit rejoices in God my Saviour *
for he has looked with favour on his lowly servant.

From this day all generations will call me blessed: †
the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel *
for he has remembered his promise of mercy,
the promise he made to our fathers, *
to Abraham and his children for ever.

Glory be to the Father, and to the Son, *
and to the Holy Spirit:

As it was in the beginning, is now and ever shall be, *
world without end. Amen.

Ant. Tell no one about the vision you have seen until the Son of Man
has risen from the dead.

INTERCESSIONS

LET US GIVE THANKS CONTINUALLY to Christ, our teacher and our
head, who came to serve and to do good to all. In humility and
confidence let us ask him:

R. Come, Lord, to visit your family.

Lord, be present to the bishops and priests of your Church, who share
your role as head and shepherd, may they lead your people to the
Father under your guidance.

R. Come, Lord, to visit your family.

May your angel be with all who travel, to keep them safe in soul and
body.

R. Come, Lord, to visit your family.

Teach us to serve the needs of others, and to be like you who came to
serve, not to be served.

R. Come, Lord, to visit your family.

Grant that in the human family, brother may always help brother, so that, with your assistance, it may be a city compact and strong.

R. Come, Lord, to visit your family.

Have mercy on all the dead, bring them to the vision of your glory.

R. Come, Lord, to visit your family.

THE LORD'S PRAYER

PRÆCEPTIS salutaribus moniti, et divina institutione formati, audemus dicere: Pater Noster...

CONCLUDING PRAYER

OGOD, who have commanded us to listen to your beloved Son, be pleased, we pray, to nourish us inwardly by your word, that, with spiritual sight made pure, we may rejoice to behold your glory. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

R. Amen.

DISMISSAL

The priest dismisses the people and continues with Benediction:

V. May the Lord bless us, protect us from all evil and bring us to everlasting life

R. Amen

V. Let us bless the Lord

R. Thanks be to God



CATHEDRAL OF OUR LADY
— OF THE —
HOLY ROSARY
MMXXI

PSMW
MHEC
AMDG
MMXXI