

TENEBRÆ
HOLY SATURDAY



CATHEDRAL OF OUR LADY
OF THE HOLY ROSARY

646 Richards St.
Vancouver BC

OFFICE OF READINGS

INVITATORY

V. Lord, + open my lips.

R. And my mouth will proclaim your praise.

Ant. Come, let us worship Christ, who for our sake suffered death and was buried.

Psalm 95

A call to praise God

COME, LET US SING TO THE LORD *
and shout with joy to the Rock who saves us.
Let us approach him with praise and thanksgiving *
and sing joyful songs to the Lord.

Ant. Come, let us worship Christ, who for our sake suffered death and was buried.

The Lord is God, the mighty God, *
the great king over all the gods.
He holds in his hands the depths of the earth *
and the highest mountains as well.
He made the sea; it belongs to him, *
the dry land, too, for it was formed by his hands.

Ant. Come, let us worship Christ, who for our sake suffered death and was buried.

Come, then, let us bow down and worship, *
bending the knee before the Lord, our maker.
For he is our God and we are his people, *
the flock he shepherds.

Ant. Come, let us worship Christ, who for our sake suffered death and was buried.

Today, listen to the voice of the Lord: †
Do not grow stubborn, as your fathers did
in the wilderness, *
when at Meriba and Massah
they challenged me and provoked me, *
Although they had seen all of my works.

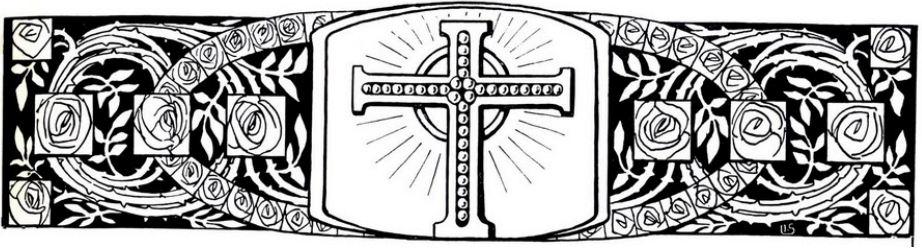
Ant. Come, let us worship Christ, who for our sake suffered death and was buried.

Forty years I endured that generation. *
I said, "They are a people whose hearts go astray
and they do not know my ways."
So I swore in my anger, *
"They shall not enter into my rest."

Ant. Come, let us worship Christ, who for our sake suffered death and was buried.

Glory be to the Father, and to the Son, *
and to the Holy Spirit:
as it was in the beginning, is now, *
and ever shall be, world without end. Amen.

Ant. Come, let us worship Christ, who for our sake suffered death and was buried.



HYMN

I

C Rux fi-dé-lis, inter omnes Arbor una nó-bi-lis:
Nulla silva ta-lem pro-fert, Fronde, flo-re, gé-rmi-ne:
* Dulce lignum, dulces clavos, Dulce pondus sústi-net.

Flecte ramos, arbor alta, tensa laxa viscera,
et rigor lentescat ille quem dedit nativitas,
ut superni membra regis mite tendas stipite.

Sola digna tu fuisti ferre pretium saeculi
atque portum praeparare nauta mundo naufrago,
quem sacer cruor perunxit fusus agni corpore.

Aequa Patri Filioque, inclito Paraclito,
sempiterna sit beatæ Trinitati gloria,
cuius alma nos redemit atque servat gratia. Amen

PSALMODY

Ant. 1 In peace, I will lie down and sleep.

Psalm 4
Thanksgiving

WHEN I CALL, ANSWER ME, O GOD OF JUSTICE; *
from anguish you released me, have mercy and hear me!

O men, how long will your hearts be closed, *
will you love what is futile and seek what is false?

It is the Lord who grants favors to those whom he loves; *
the Lord hears me whenever I call him.

Fear him; do not sin: ponder on your bed and be still. *
Make justice your sacrifice and trust in the Lord.

“What can bring us happiness?” many say. *
Let the light of your face shine on us, O Lord.

You have put into my heart a greater joy *
than they have from abundance of corn and new wine.

I will lie down in peace and sleep comes at once *
for you alone, Lord, make me dwell in safety.

Glory be to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and ever shall be, world without end. Amen.

Ant. In peace, I will lie down and sleep.

Ant. 2 My body shall rest in hope.

Psalm 16

God is my portion, my heritage

PRESERVE ME, GOD, I TAKE REFUGE IN YOU. †
I say to the Lord: "You are my God. *
My happiness lies in you alone."

He has put into my heart a marvelous love *
for the faithful ones who dwell in his land.
Those who choose other gods increase their sorrows. †
Never will I offer their offerings of blood. *
Never will I take their name upon my lips.

O Lord, it is you who are my portion and cup; *
it is you yourself who are my prize.
The lot marked out for me is my delight: *
welcome indeed the heritage that falls to me!

I will bless the Lord, who gives me counsel, *
who even at night directs my heart.
I keep the Lord, ever in my sight; *
since he is at my right hand, I shall stand firm.

And so my heart rejoices, my soul is glad; *
even my body shall rest in safety.
For you will not leave my soul among the dead, *
nor let your beloved know decay.

You will show me the path of life, †
the fullness of joy in your presence, *
at your right hand happiness for ever.

Glory be to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and ever shall be, world without end. Amen.

Ant. My body shall rest in hope.

Ant. 3 Lift high the ancient portals. The King of glory enters.

Psalm 24

The Lord's entry into his temple

THE LORD'S IS THE EARTH AND ITS FULLNESS, *
the world and all its peoples.
It is he who set it on the seas; *
on the waters he made it firm.

Who shall climb the mountain of the Lord? *
Who shall stand in his holy place?
The man with clean hands and pure heart, †
who desires not worthless things, *
who has not sworn so as to deceive his neighbor.

He shall receive blessings from the Lord *
and reward from the God who saves him.
Such are the men who seek him, *
seek the face of the God of Jacob.

O gates, lift high your heads; †
grow higher, ancient doors.*
Let him enter, the king of glory!

Who is the king of glory? †
The Lord, the mighty, the valiant, *
the Lord, the valiant in war.

O gates, lift high your heads; †
grow higher, ancient doors. *
Let him enter, the king of glory!

Who is he, the king of glory? †
He, the Lord of armies, *
he is the king of glory.

Glory be to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and ever shall be, world without end. Amen.

Ant. Lift high the ancient portals. The King of glory enters.

V. Take up my cause and rescue me.

R. Be true to your word, give me life.

READINGS

FIRST READING

From the letter to the Hebrews 4,1-13

WHILE THE PROMISE of entrance into his rest still holds,
we ought to be fearful of disobeying lest any one of
you be judged to have lost his chance of entering. We have indeed

heard the good news, as they did. But the word which they heard did not profit them, for they did not receive it in faith.

It is we who have believed who enter into that rest, just as God said:

“Then I swore in my anger,
‘They shall never enter into my rest.’”

Yet God’s work was finished when he created the world, for in reference to the seventh day Scripture somewhere says, “And God rested from all his work on the seventh day”; and again, in the place we have referred to, God says, “They shall never enter into my rest.”

Therefore, since it remains for some to enter, and those to whom it was first announced did not enter because of unbelief, God once more set a day, “today,” when long afterward he spoke through David the words we have quoted:

“Today if you should hear his voice,
harden not your hearts.”

Now if Joshua had led them into the place of rest, God would not have spoken afterward of another day. Therefore, a sabbath rest still remains for the people of God. And he who enters into God’s rest, rests from his own work as God did from his. Let us strive to enter into that rest, so that no one may fall, in imitation of the example of Israel’s unbelief.

Indeed, God’s word is living and effective, sharper than any two-edged sword. It penetrates and divides soul and spirit, joints and marrow; it judges the reflections and thoughts of the heart. Nothing is concealed from him; all lies bare and exposed to the eyes of him to whom we must render an account.

RESPONSORY

Matthew 27:66, 60, 62

V. They buried the Lord and sealed the tomb
by rolling a large stone in front of it.

R. They stationed soldiers there to guard it.

V. The chief priests asked Pilate for a guard.

R. They stationed soldiers there to guard it.

SECOND READING

From an ancient homily on Holy Saturday

(PG 43, 439, 451, 462-463)

SOMETHING STRANGE IS HAPPENING—there is a great silence on earth today, a great silence and stillness. The whole earth keeps silence because the King is asleep. The earth trembled and is still because God has fallen asleep in the flesh and he has raised up all who have slept ever since the world began. God has died in the flesh and hell trembles with fear.

He has gone to search for our first parent, as for a lost sheep. Greatly desiring to visit those who live in darkness and in the shadow of death, he has gone to free from sorrow the captives Adam and Eve, he who is both God and the son of Eve. The Lord approached them bearing the cross, the weapon that had won him the victory. At the sight of him Adam, the first man he had created, struck his breast in terror and cried out to everyone: "My Lord be with you all." Christ answered him: "And with your spirit." He took him by the hand and raised him up, saying: "Awake, O sleeper, and rise from the dead, and Christ will give you light."

I am your God, who for your sake have become your son. Out of love for you and for your descendants I now by my own authority

command all who are held in bondage to come forth, all who are in darkness to be enlightened, all who are sleeping to arise. I order you, O sleeper, to awake. I did not create you to be held a prisoner in hell. Rise from the dead, for I am the life of the dead. Rise up, work of my hands, you who were created in my image. Rise, let us leave this place, for you are in me and I am in you; together we form only one person and we cannot be separated.

For your sake I, your God, became your son; I, the Lord, took the form of a slave; I, whose home is above the heavens, descended to the earth and beneath the earth. For your sake, for the sake of man, I became like a man without help, free among the dead. For the sake of you, who left a garden, I was betrayed to the Jews in a garden, and I was crucified in a garden.

See on my face the spittle I received in order to restore to you the life I once breathed into you. See there the marks of the blows I received in order to refashion your warped nature in my image. On my back see the marks of the scourging I endured to remove the burden of sin that weighs upon your back. See my hands, nailed firmly to a tree, for you who once wickedly stretched out your hand to a tree.

I slept on the cross and a sword pierced my side for you who slept in paradise and brought forth Eve from your side. My side has healed the pain in yours. My sleep will rouse you from your sleep in hell. The sword that pierced me has sheathed the sword that was turned against you.

Rise, let us leave this place. The enemy led you out of the earthly paradise. I will not restore you to that paradise, but I will enthrone you in heaven. I forbade you the tree that was only a symbol of life, but see, I who am life itself am now one with you. I appointed

cherubim to guard you as slaves are guarded, but now I make them worship you as God. The throne formed by cherubim awaits you, its bearers swift and eager. The bridal chamber is adorned, the banquet is ready, the eternal dwelling places are prepared, the treasure houses of all good things lie open. The kingdom of heaven has been prepared for you from all eternity.

RESPONSORY

V. Our shepherd, the source of the water of life, has died.

The sun was darkened when he passed away.

But now man's captor is made captive.

R. This is the day when our Savior broke through the gates of death.

V. He has destroyed the barricades of hell,
overthrown the sovereignty of the devil.

R. This is the day when our Savior broke through the gates of death.



LAUDS

PSALMODY

Ant. 1 Though sinless, the Lord has been put to death. The world is in mourning as for an only son.

Psalm 64

Prayer for help against enemies

HEAR MY VOICE, O GOD, AS I COMPLAIN, *
guard my life from dread of the foe.

Hide me from the band of the wicked, *
from the throng of those who do evil.

They sharpen their tongues like swords; *
they aim bitter words like arrows
to shoot at the innocent from ambush, *
shooting suddenly and recklessly.

They scheme their evil course; *
they conspire to lay secret snares.
They say: "Who will see us? *
Who can search out our crimes?"

He will search who searches the mind *
and knows the depth of the heart.
God has shot them with his arrow *
and dealt them sudden wounds.
Their own tongue has brought them to ruin *
and all who see them mock.

Then will all men fear; *
they will tell what God has done.
They will understand God's deeds. *
The just will rejoice in the Lord
and fly to him for refuge. *
All the upright hearts will glory.

Glory be to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and ever shall be, world without end. Amen.

Ant. Though sinless, the Lord has been put to death. The world is
in mourning as for an only son.

Ant. 2 From the jaws of hell, Lord, rescue my soul.

Canticle: Isaiah 38:10-14, 17b-20

Anguish of a dying man and joy in his restoration

ONCE I SAID, *
“In the noontime of life I must depart!
To the gates of the nether world I shall be consigned *
for the rest of my years.”

I said, “I shall see the Lord no more *
in the land of the living.
No longer shall I behold my fellow men *
among those who dwell in the world.”

My dwelling, like a shepherd’s tent, *
is struck down and borne away from me;
you have folded up my life, like a weaver *
who severs the last thread.

Day and night you give me over to torment; *
I cry out until the dawn.
Like a lion he breaks all my bones; *
day and night you give me over to torment.

Like a swallow I utter shrill cries; *
I moan like a dove.
My eyes grow weak, gazing heavenward: *
O Lord, I am in straits; be my surety!

You have preserved my life *
from the pit of destruction,
When you cast behind your back *
all my sins.

For it is not the nether world that gives you thanks, *
nor death that praises you;
Neither do those who go down into the pit *
await your kindness.

The living, the living give you thanks, *
as I do today.

Fathers declare to their sons, *
O God, your faithfulness.

The Lord is our savior; *
we shall sing to stringed instruments
In the house of the Lord *
all the days of our life.

Glory be to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and ever shall be, world without end. Amen.

Ant. From the jaws of hell, Lord, rescue my soul.

Ant 3. I was dead, but now I live for ever, and I hold the keys of
death and of hell.

Psalm 150

Praise the Lord

PRAISE GOD IN HIS HOLY PLACE, *
praise him in his mighty heavens.
Praise him for his powerful deeds, *
praise his surpassing greatness.

O praise him with sound of trumpet, *
praise him with lute and harp.
Praise him with timbrel and dance, *
praise him with strings and pipes.

O praise him with resounding cymbals, *
praise him with clashing of cymbals.
Let everything that lives and that breathes *
give praise to the Lord.

Glory be to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and ever shall be, world without end. Amen.

Ant. I was dead, but now I live forever, and I hold the keys of
death and of hell.

READING

Hosea 5, 15 - 16,2

THUS SAYS THE LORD, In their affliction, they shall look for
me: "Come, let us return to the Lord, For it is he who
has rent, but he will heal us; he has struck us, but he will bind our
wounds. He will revive us after two days; on the third day he will
raise us up, to live in his presence."

RESPONSORY

Ant. For our sake Christ was obedient, accepting even death,
death on a cross.

BENEDICTUS

Ant. Save us, O Savior of the world. On the cross you redeemed us
by the shedding of your blood; we cry out for your help, O God.

Luke 1,68 -79

The Messiah and his forerunner

BLESSED + BE THE LORD, THE GOD OF ISRAEL; *
he has come to his people and set them free.

He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.

He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of
death, * and to guide our feet into the way of peace.

Glory be to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and ever shall be, world without end. Amen.

Ant. Save us, O Savior of the world. On the cross you redeemed us
by the shedding of your blood; we cry out for your help, O God.

INTERCESSIONS

V. Our Redeemer suffered and was buried for us in order to rise
again. With sincere love we adore him, and aware of our needs
we cry out:

R. Lord, have mercy on us.

V. Christ our Savior, your sorrowing Mother stood by you at your death and burial, in our sorrows may we share your suffering.

R. Lord, have mercy on us.

V. Christ our Lord, like the seed buried in the ground, you brought forth for us the harvest of grace, may we die to sin and live for God.

R. Lord, have mercy on us.

V. Christ the Good Shepherd, in death you lay hidden from the world, teach us to love a life hidden with you in the Father.

R. Lord, have mercy on us.

V. Christ, the new Adam, you entered the kingdom of death to release all the just since the beginning of the world, may all who lie dead in sin hear your voice and rise to life.

R. Lord, have mercy on us.

V. Christ Son of the living God, through baptism we were buried with you, risen also in baptism, may we walk in newness of life.

R. Lord, have mercy on us.

Phil. 2, 8. Ψ. 9

GR. V

C

Hri-stus * factus est pro no-bis ob-é-

di-ens us-que ad mor-tem, mor-tem au-tem

cru-cis.

Ψ. Propter quod et De-us exal-

tá-vit il-lum, et
 de-dit il-li no-men, quod est super
 o-mne no-men.

THE LORD'S PRAYER

AT THE SAVIOUR'S command, and formed by divine teaching we dare to say:

OUR FATHER, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

CONCLUDING PRAYER

ALL-POWERFUL AND EVER-LIVING GOD, your only Son went down among the dead and rose again in glory. In your goodness raise up your faithful people, buried with him in baptism, to be one with him in the everlasting life of heaven, where he lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

R. Amen.

DISMISSAL

V. The Lord be with you.

V. Let us bless the Lord.

R. And with your spirit.

R. Thanks be to God.



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