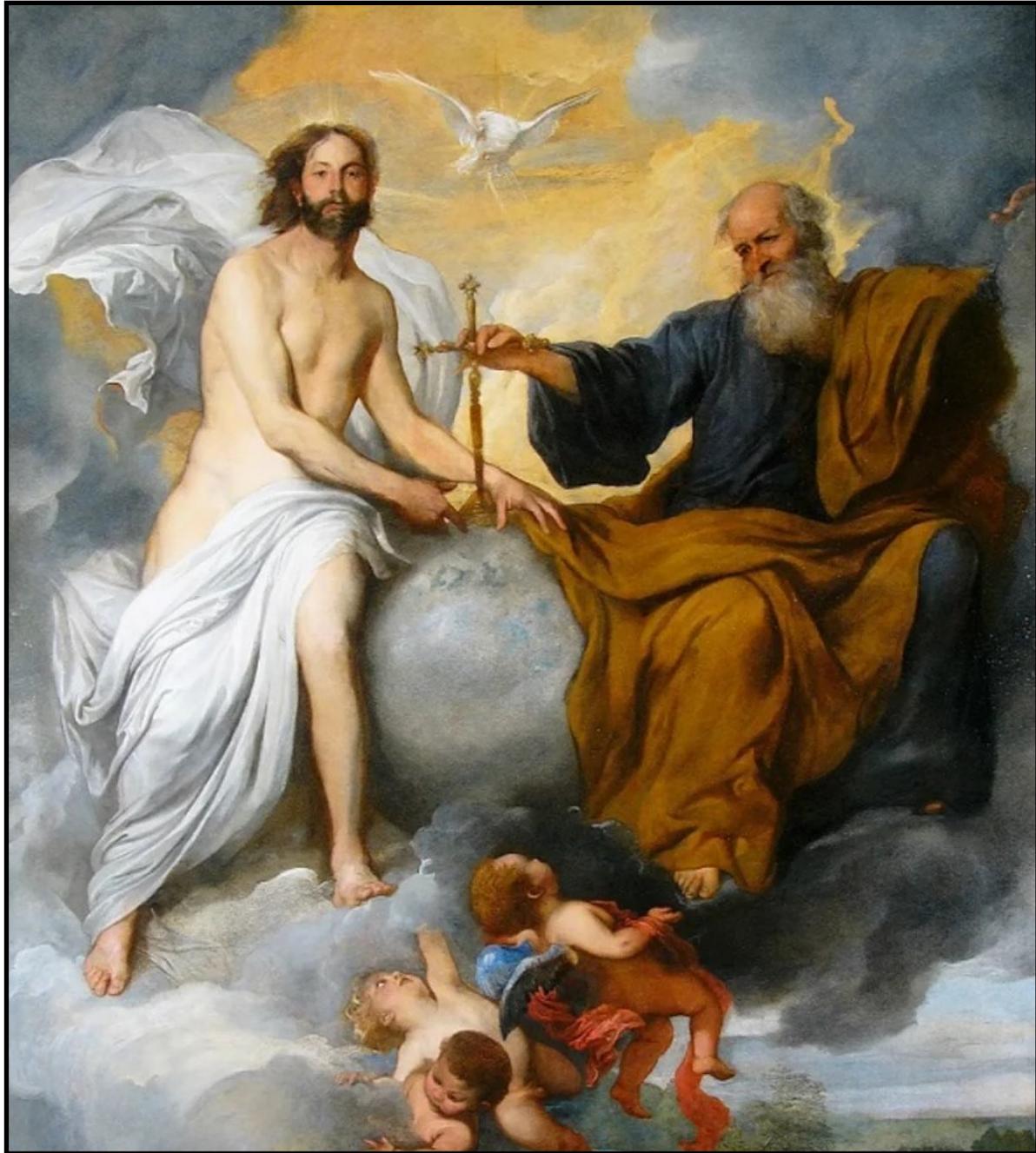


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ARCHDIOCESE OF VANCOUVER

THE HOLY TRINITY

JUNE 16, 2019



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Very Rev. Stanley Galvon

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Rev. Juan Lucca

Rev. Rosary Pratheep

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Rev. Jude Iloghalu (Chaplain of VGH)

Rev. Nelson Santos

DEACONS

Rev. Mr. Alvin Rint

Rev. Mr. Richard Chau

**646 Richards Street,
Vancouver BC V6B 3A3**

(604) 682 6774

**office@vancouvercathedral.org
holyrosarycathedral.org**



MASSES, SACRAMENTS & DEVOTIONS

SUNDAY MASSES

Saturday 5:10 PM anticipated Mass

Sunday 8 AM, 9:30 AM, 11 AM, 12:30 PM,

5 PM, 6:30 PM in Spanish, 8 PM

WEEKDAY MASSES

Monday to Friday 7:15 AM, 8 AM, 12:10 PM, 5:10 PM

Saturday 7:15 AM, 8 AM, 12:10 PM

CONFESSIONS

Monday to Friday 7:45 AM, 11:45 AM, 4:45 PM

Saturday 7:45 AM, 11:45 AM, 4 to 5 PM

DEVOTIONS

Sunday Vespers and Benediction at 4 PM

Morning Prayer Monday to Saturday at 8:30 AM

Rosary Monday to Saturday at 11:40 AM & 4:40 PM

(Except Thursday evenings when the Rosary is at 4:15 PM)

Chaplet of the Divine Mercy Fridays 3 PM

Adoration: Thursday from 4 PM to 5 PM and

First Friday from 12:45 PM to 5 PM

MINISTERIO HISPANO

MISA EN ESPAÑOL

Domingos a las 6:30 PM.

CONFESIONES EN ESPAÑOL

Domingos: 6 - 6:25 PM.

Mier, Jue y Vier 11:45 AM y 4:45 PM.

ROSARIO EN ESPAÑOL

Domingos a las 6:05 PM.

JÓVENES ADULTOS

Edades: 19 - 35 en Rosary Hall - Miér.: 7 - 9 PM.

CATHEDRAL REGISTRATION

If you have recently moved into the downtown area, we welcome you to pick up a Cathedral registration form from the Cathedral Office. Please contact our office for Donation Envelopes.

Cover Picture:
The Holy Trinity by Pietro Novelli

CATHEDRAL OFFICE

Office Email office@vancouvercathedral.org

Office Address 646 Richards Street,
Vancouver BC, V6B 3A3

Phone (604) 682 6774

Fax (604) 331 8406

Web holyrosarycathedral.org

CATHEDRAL OFFICE STAFF

Cathedral Secretary Krystyna Kasprzak
(604) 682 6774 ext. 0

Assistant Secretary Maria M. Watson

Assistant Secretary Marina Ubalde

Pastoral Associate Bertilla Watanabe

Groundskeeper Peter Dziuk

Groundskeeper Rolando Dauz

Security Jojo Dauz

CATHEDRAL CLERGY CONTACT

Very Rev. Stanley Galvon
sgalvon@rcav.org
MARRIAGES AND BAPTISMS

Rev. Juan Lucca
HISPANIC MINISTRY
MASTER OF CEREMONIES
jlucca@rcav.org

Rev. Anicet Pinto
RCIA
(604) 682 6774 ext. 236

Rev. Rosary Pratheep
(604) 682 6774 ext. 230

Rev. Ngozi Onyelu
(604) 682 6774 ext. 229

Dcn. Richard Chau
FAITH FORMATION DIRECTOR
(604) 682 6774 ext. 0

Dcn. Alvin Rint
VOLUNTEER LIAISON
(604) 682 6774 ext. 0



MESSAGE FROM THE RECTOR

The Catholic Encyclopaedia tells us that this **Solemnity of Trinity Sunday** comes from the 14th century. Pope John XXII was inspired to establish this celebration of our loving union with each of the three Divine Persons... Father, Son and Holy Spirit. This is the greatest mystery in the universe: three distinct persons yet one divine nature.

The mystery is not meant to intimidate us but for us to enter into through Jesus, who is a divine person with a truly human nature and a truly divine nature. We share in the life and the love of the Blessed Trinity. We are invited to express our personal communion with the Trinity in our relations with our neighbour through sincere love, which is the foundation of peace, harmony and right relationship with all people.

There is much to ponder in this mystery of the Blessed Trinity. That's why we begin and end many prayers by invoking the heavenly Father, through Jesus Christ, in unity of the Holy Spirit.

One outcome of our devotion to the Blessed Trinity is a deeper trust that each of us is personally involved with their life and their love.

Each of us has some unique part of the work of the Blessed Trinity. The Father, Son and Holy Spirit trust each of us with this work and support us in it. This participation gives each of us a sense of identity, belonging and direction in life. **Blessed Cardinal John Newman** put it this way:

"God has created me to do Him some definite service. He has committed some work to me which He has not committed to another. I have my mission. I may never know it in this life, but I shall be told it in the next. I am a link in a chain, a bond

of connection between persons. He has not created me for naught. I shall do good; I shall do His work.

I shall be an angel of peace, a preacher of truth in my own place, while not intending it if I do but keep His commandments.

Therefore, I will trust Him, whatever I am, I can never be thrown away.

If I am in sickness, my sickness may serve Him, in perplexity, my perplexity may serve Him. If I am in sorrow, my sorrow may serve Him. He does nothing in vain. He knows what He is about. He may take away my friends. He may throw me among strangers. He may make me feel desolate, make my spirits sink, hide my future from me. Still, He knows what He is about."

Today and everyday let us savour the goodness and depth of the love of the Blessed Trinity in our little prayer: Glory be to the Father, and to the Son, and to the Holy Spirit...

- Fr. Galvon



CATHEDRAL NEWS**BAPTISM PREPARATION**

Class For parents who wants to have their child baptized at the Cathedral or want to have a baptism somewhere else. Saturday July 13 at 10 AM. Please call the office (604) 682 6774 ext. 0 to register.

HOLY, HOUR HAPPY HOUR, JUN. 21

Join us for our Holy Hour + Happy Hour every third Friday of the month. All are welcome to a peaceful Holy Hour from 7 PM to 8 PM on June 21. Reconciliation will be available. Afterward, we invite all young adults in their 20s and 30s to join us for some fellowship at a local pub.

SAVE THE DATE: 2019 PARISH PICNIC: JULY 28

Save the date for our annual picnic in Cathedral Square on July 28 from 11 AM - 3 PM. Tickets are \$5 and available for purchase from the Gift Shop or Parish Office. The ticket price includes a burger from White Spot, cake and coffee. We hope to see you all there!

SAVE YOUR STAMPS!

Please take a few minutes to save your used postage stamps and drop them off at the parish office or gift shop for the Knights of Columbus Guardian Angels Vocation Fund. They have had great success in raising over \$1,500.00 annually for the Knights of Columbus Archdiocese Vocation Fund and assist with much needed funds for those preparing for priesthood.

RCIA STARTS OFF AGAIN IN SEPTEMBER

RCIA is for those who have not been baptized, those baptized in another Christian tradition, those baptized as infants but who have not received formal Faith instruction, and those who wish to deepen the understanding of the Faith. Classes are held on Tuesday evenings, 7 - 9 PM in Holy Rosary Hall beginning in September. More details to come.

ARCHDIOCESAN NEWS**HOLY HOUR FOR VOCATIONS, JUNE 27**

This month's Holy Hour will be held at St. John the Apostle Parish in Vancouver on June 27 at 7 PM.

AN EVENING WITH ABP. MILLER, OCTOBER 22

Save the Date! The 8th annual Archbishop's Dinner will take place on Tuesday, Oct. 22, 2019, at the Hyatt Regency Vancouver. This year, in partnership with Providence Health Care and with St. Mark's College, Archbishop Miller has designated the proceeds to help foster Catholic health-care ethics in the education of health-care providers and in the support of their day-to-day practice. There will be a reception at 6 PM followed by dinner at 7 PM More info to come soon.

BC SACRED MUSIC SYMPOSIUM

The BC Sacred Music Symposium is an annual gathering of the Catholic faithful, and all those of good will, with an interest in Sacred Music, especially Gregorian chant and Renaissance polyphony. Our purpose is to promote the Sacred Music and the Sacred Liturgy of the Western Tradition. The symposium will be held from August 2, at 1 PM to August 4 at 4 PM at Sts. Joachim and Ann Parish in Aldergrove.

For more information and to register please visit: bcsacredmusicsymposium.com.

CCBR PRO-LIFE STUDY, JUNE-JULY

CCBR's Pro-Life Study Series: This program will include educational videos, engaging discussions, and practical tools to allow the everyday Christian to stand against abortion and defend the pre-born. Duration: One session per week for five weeks. Time: begins mid-June, ends mid-July. Location: Holy Family Parish, Vancouver. For more details and to register, please email mroy@endthekilling.ca

SUNDAY MASS

THE HOLY TRINITY
MASS READINGS

FIRST READING Proverbs 8.22-31

Before the beginning of the earth, wisdom had already been brought forth.

RESPONSORIAL Psalm 8

R. O Lord, our God, how majestic is your name in all the earth!

SECOND READING Romans 5.1-5

God's love has been poured into our hearts through the Spirit.

GOSPEL John 16.12-15

While He blessed them, He was carried up to Heaven.

MASS REFLECTION

Everything that the Father has is mine. (John 16:15)

What if someone asked you to explain the doctrine of the Trinity? You'd probably say that Christians believe in one God who is three Persons: Father, Son, and Holy Spirit. But then you might add that the Trinitarian God is a mystery that no one can ever truly understand. And you would be right!

Here's what is so amazing about God: you don't have to understand everything about him in order to have a personal relationship with each of the three Persons of the Trinity. God longs to share his life with you, and he comes to you in his three Persons to play many roles in your life.

As the Father and Creator, God loves you as the apple of his eye. He wants to relate to you as your Abba, a "Daddy" who teaches you and cares for you. As God the Son, Jesus died for you and rose from the dead so that you could have new life in him. Even when you sin, he wants nothing more than to place you on his shoulders like a lost lamb and carry you home. And as the Holy Spirit, he wants to inspire you, guide you, and empower you with gifts to help you serve his people.

So how is your relationship with the Holy Trinity? Do you tend to focus only on one Person and "forget" to deepen your relationship with the others? If you want a better relationship with the Father, the Son, or the Holy Spirit, just ask God to reveal himself to you more deeply. You might just discover some new facet about him! Then try to maintain an ongoing conversation with him throughout the days and weeks ahead.

Three Persons in one God. Three Persons who love you with an indescribable love and who want to do a great work in your life. Three Persons who want to draw you into their communion of love. What a great God we have!

"God, I believe that you are Father, Son, and Holy Spirit. Help me to know you in a more personal way!"

The Word Among Us

MUSIC NOTES



Cathedral Organist & Music Director

Denis Bédard (604) 322 5995

Assistant Organist & Music Administrator

Catherine Walsh (604) 222 8072

**MUSIC PROGRAMME FOR THE 11 AM MASS
Sunday, June 16, 2019**

Organist: Denis Bédard

Organ Prelude: Prelude on "Old Hundredth" - H. WILLAN

Kyrie, Sanctus, Agnus Dei:
Missa "Te Deum Laudamus" - L. PEROSI

Offertory: O Sacred Feast (Choir) - H. WILLAN

Communion:
1. Prelude on "Gardiner" (Organ) - H. WILLAN
2. Rejoice in the Lord (Choir) - H. WILLAN

Organ Postlude: Finale Jubilante - H. WILLAN

MUSIC PREVIEW FOR JUNE 23, 2019

Ecce Panis Angelorum - Gregorian Chant
O Salutaris Hostia - J. NIELAND
Tantum Ergo - D. DE SÉVERAC
Panis Angelicus - J. NIELAND
Organ music by
P. CAMONIN, D. BÉDARD, A. GUILMANT & E. BOSSI



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CATHEDRAL LIFE

BAPTISMS

Baptisms are held on most Sundays at 2 PM. Preparation classes are held on the second Saturday of each month. Please call the Cathedral office to find out more.

MARRIAGES

Bookings should be made at least six months in advance. Couples please contact the Cathedral office for information.

ALTAR SERVERS

The Cathedral has a team of dedicated men who are scheduled to help at specific Masses. Contact: Fr. Juan Lucca, jlucca@rcav.org.

CATHEDRAL BELL RINGERS

Our eight bells are rung by hand by a dedicated band of bell ringers. New ringers, experienced and learners, are always welcome. Visit www.vscr.ca for more information.

CATHEDRAL GIFT SHOP

The Gift Shop aims to be open before and after the noon, and evening weekday Masses, Sunday morning and evening Masses, & is staffed by a crew of dedicated ladies. Thank you for your support.

CATHOLIC WOMEN'S LEAGUE

The Catholic Women's League of Canada is a national organization, rooted in Gospel values, which calls its members to holiness through service to the people of God. We organize a wide variety of spiritual and social events and good works. Please contact Jane Rosenthal at janemrose@telus.net

CHURCH CARE & CLEANING

The church is given a thorough cleaning from 9 - 11 AM on the last Saturday of each month. More hands are needed. Contact the parish office at office@vancouvercathedral.org

USHERS & GREETERS

Help is needed to distribute bulletins, take up the collection, welcome all who come to Mass and generally be ready to serve with a smile! Contact: Bertilla Watanabe, Email: bwatanabe@holysacramentcathedral.org

CHOIRS

Three choirs offer a variety of music repertoires to enrich our prayer experience. Find out which of our choirs is right for you. Contact: Catherine Walsh at (604) 222 8072 .

VANCOUVER GENERAL HOSPITAL CHAPLAIN CONTACT

Fr. Jude Iloghalu is the Chaplain at Vancouver General Hospital. He resides at the Cathedral. In case of medical emergencies please contact him at (604) 230 7217.

HRC YOUNG ADULTS

HRC Young Adults is the Cathedral's young adult group. We welcome Catholics in their 20's - 30's to join us as we cultivate our faith and create friendships through fellowship as well as educational and service opportunities. Contact: hrcyoungadults@gmail.com; <http://facebook.com/hrcyoungadults>

LECTORS

If you are a regular at the Cathedral and if you are a practicing Catholic, you may apply. We are always looking for new lectors. For more information please contact David Cuan by e-mail: lector.hrc@gmail.com

EXTRAORDINARY MINISTERS OF HOLY COMMUNION

If you are a regular at the Cathedral and if you are a practicing Catholic, you may apply. Please contact Shirley Wang (604) 879 8295.

HANDMAIDS OF THE LORD

This is an all-women ministry of the Couples for Christ. Please contact: Grace Inonog, graceaka44@yahoo.com.

KNIGHTS OF COLUMBUS

The K of C is a fraternal benefit society founded on the principles of charity, unity and fraternity. For more information please contact: Grand Knight James Faulkner, (778) 881 1937 or holyrosary.council14652@gmail.com

LEGION OF MARY

The men & women of the Legion are a well-established organization at the Cathedral. They serve in all areas of cathedral life as greeters, ushers and prayer leaders. For more information: Rufina Amandiz, (604) 544-3358.

HISPANIC COMMUNITY

The weekly Spanish Mass now caters to the Spanish-speaking community in our parish. If you would like to get involved please contact: comunidadhispanahrc@gmail.com

COMMUNION AND LIBERATION

An ecclesial movement whose purpose is the education to Christian maturity of its adherents and collaboration in the mission of the Church in all the spheres of contemporary life. Learn more at clonline.org or contact us at communionliberationvancouver@gmail.com



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