

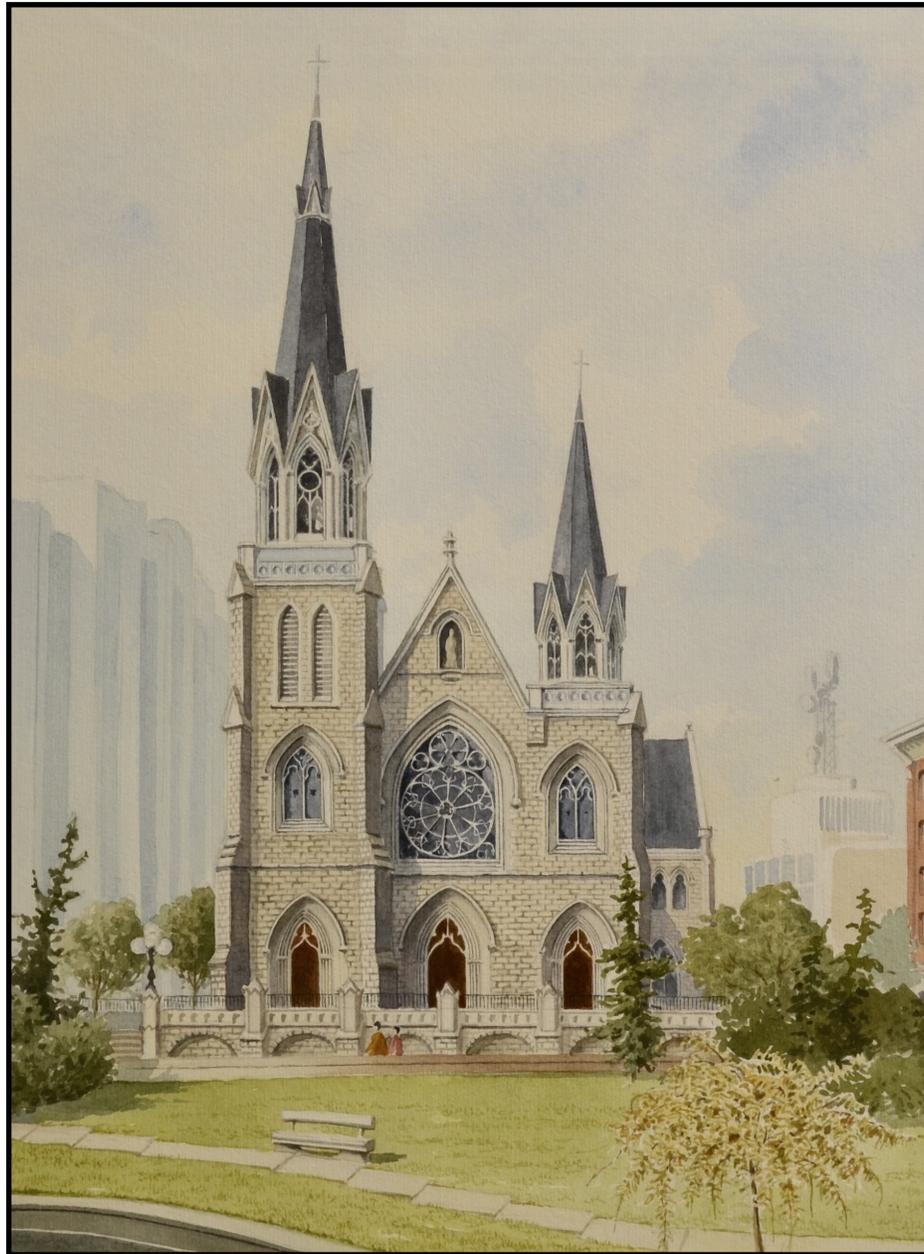
CATHEDRAL OF OUR LADY OF THE HOLY ROSARY



ARCHDIOCESE OF VANCOUVER

VII SUNDAY IN ORDINARY TIME

FEBRUARY 24, 2019



ARCHBISHOP

Most Rev. J. Michael Miller, CSB

RECTOR

Very Rev. Stanley Galvon

ASSISTANT PRIESTS

Rev. Anicet Pinto

Rev. Nelson Santos

Rev. Juan Lucca

Rev. Rosary Pratheep

Rev. Ngozi Onyelu

IN RESIDENCE

Rev. Jude Iloghalu (Chaplain of VGH)

Rev. Terry Larkin

DEACONS

Rev. Mr. Alvin Rint

Rev. Mr. Richard Chau

**646 Richards Street,
Vancouver BC V6B 3A3**

(604) 682 6774

office@vancouvercathedral.org
holyroscarycathedral.org



MASSES, SACRAMENTS & DEVOTIONS

SUNDAY MASSES

Saturday 5:10 PM anticipated Mass
Sunday 8 AM, 9:30 AM, 11 AM, 12:30 PM,
5 PM, 6:30 PM in Spanish, 8 PM

WEEKDAY MASSES

Monday to Friday 7:15 AM, 8 AM, 12:10 PM, 5:10 PM
Saturday 7:15 AM, 8 AM, 12:10 PM

CONFESSIONS

Monday to Friday 7:45 AM, 11:45 AM, 4:45 PM
Saturday 7:45 AM, 11:45 AM, 4 to 5 PM

DEVOTIONS

Sunday Vespers and Benediction at 4 PM
Morning Prayer Monday to Saturday at 8:30 AM
Rosary Monday to Saturday at 11:40 AM & 4:40 PM
(Except Thursday evenings when the Rosary is
at 4:15 PM)
Chaplet of the Divine Mercy Fridays 3 PM
Adoration: Thursday from 4 PM to 5 PM and
First Friday from 12:45 PM to 5 PM

MINISTERIO HISPANO

MISA EN ESPAÑOL

Domingos a las 6:30 PM.

CONFESIONES EN ESPAÑOL

Domingos: 6 - 6:25 PM.
Mier, Jue y Vier 11:45 AM y 4:45 PM.

ROSARIO EN ESPAÑOL

Domingos a las 6:05 PM.

JÓVENES ADULTOS

Edades: 19 - 35 en Rosary Hall - Miér.: 7 - 9 PM.

CATHEDRAL REGISTRATION

If you have recently moved into the downtown area, we welcome you to pick up a parish registration form from the Cathedral Office. Please contact our office for Donation Envelopes.

Cover Picture: Watercolour of the Cathedral ©
Cathedral of Our Lady of the Holy Rosary.

CATHEDRAL OFFICE

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CATHEDRAL OFFICE STAFF

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Assistant Secretary Maria M. Watson
Assistant Secretary Marina Ubalde
Pastoral Associate Bertilla Watanabe
Groundskeeper Peter Dziuk
Groundskeeper Rolando Dauz
Security Jojo Dauz

CATHEDRAL CLERGY CONTACT

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sgalvon@rcav.org
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Dcn. Richard Chau
FAITH FORMATION DIRECTOR
(604) 682 6774 ext. 0

Dcn. Alvin Rint
VOLUNTEER LIAISON
(604) 682 6774 ext. 0



MESSAGE FROM THE RECTOR

WORLD DAY OF PRAYER MARCH 1st



The Canadian Bishops write in the Liturgical Guide, the Ordo, that the World Day of Prayer is observed annually on the First Friday in March. It is an invitation for Christians to pause and pray together ecumenically. This recalls our Christian responsibility to be sensitive to the signs of times so we might bring a more authentically Christian dimension to the concerns of our world, our country, our community. Sponsored by the Women's inter- Church Council of Canada and its national counterparts around the world, it is celebrated in more than 165 countries. More information at wicc.org

Besides community prayer and liturgical prayer, there is personal prayer. Some suggestions on how to grow in your personal prayer are offered below:

"Tell God all that is in your heart, as one unloads one's heart, its pleasures and its pains, to a dear friend. Tell God your troubles, that God may comfort you; tell God your joys, that God may sober them; tell God your longings, that God may purify them; tell God your dislikes, that God may help you conquer them; talk to God of your temptations, that God may shield you from them: show God the wounds of your heart, that God may heal them. If you thus pour out all your weaknesses, needs, troubles, there will be no lack of

what to say. Talk out of the abundance of the heart, without consideration say just what you think. Blessed are they who attain to such familiar, unreserved dialogue with God."

– Archbishop Francois Fenelon

Fr. Larry Richards, who presents on EWTN offers this way for a busy person to pray. It takes a bit more than 5 minutes and wonderfully connects you to the Lord:

1. For 1 minute, say "sorry" to God for your sins
2. For 1 minute, offer "I surrender my will" to God
3. For 3 minutes, savour being embraced by God with His love which is deeply personal and unconditional

Gently conclude the time with the Lord by saying slowly the "Our Father" with Jesus. Fr. Larry also describes a mini-novena that Saint Mother Teresa used in her prayer time. Novena means "nine" and there are lots of nine day prayer formulas. But if you don't have nine days, then say 9 Memorare prayers in a series and then 1 Memorare as thanksgiving to God .

THE MEMORARE

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.



CATHEDRAL NEWS



OUR LADY OF GUADALUPE PILGRIMAGE

Journey with the Cathedral's own Fr. Terry Larkin on a summertime pilgrimage to see Our Lady of Guadalupe! Be transformed while seeing Our Lady and enjoy the local culture with its unique cuisine and wealth. July 8 - 14, 2019. For more information call 1 800 675 9088 or visit <http://oc-travel.com/>



www.oc-travel.com

PANCAKE BREAKFAST, MARCH 3

On Sunday March 3rd your local Cathedral Columbus Council will be hosting a fundraising pancake breakfast. We would like to invite everyone to attend. Breakfast will be served after the 9:30 AM, 11 AM and the 12:30 PM Masses. A minimum donation of \$5 is suggested. All proceeds will go towards the KOC outreach programs.

SAVE YOUR STAMPS!

Please take a few minutes to save your used postage stamps and drop them off at the parish office or gift shop for the K of C Guardian Angels Vocation Fund. They have had great success in raising over \$1,500.00 annually for the K of C Archdiocese Vocation Fund and assist with much needed funds for those preparing for priesthood.

ASH WEDNESDAY

On March 6 we will begin the Lenten Season with Ash Wednesday. We will have distribution of ashes at all our Masses (7:15 AM, 8 AM, 12:10 PM & 5:10 PM). The 5:10 PM Mass will be celebrated by Archbishop Miller.

ARCHDIOCESAN NEWS

40 DAY FOR LIFE CAMPAIGN

The annual 40 days for Life Campaign praying for an end to abortion will begin in front of the priests' residences, 4885 St. John Paul II Way, Vancouver at midnight on Wednesday March 6. All are welcome.

RACHEL'S VINEYARD RETREAT

Have you felt the tugging on your heart inviting you to receive God's healing after having suffered greatly from an abortion loss? Your Rachel's Vineyard team understands that need, as well as the fear to reach out for healing. Come join us on a retreat and let His merciful love touch and mend your broken heart. Next Retreat is May 2019. For confidential information and to register call (604) 525 0999.

FREEDOM RECONCILIATION EVENT

Freedom, the annual reconciliation event for youth sponsored by the Ministries and Outreach Office will take place on Friday, March 8, at St. Clare of Assisi Parish in Coquitlam, from 7 - 10:30 PM. Participants will experience first-hand the healing power of Christ through the Sacrament of Reconciliation, and Adoration.

QUO VADIS VOCATIONAL DISCERNMENT FOR MEN.

March 23, from 10 AM - 3 PM at the John Paul II Pastoral Centre. Day of Reflection with Archbishop Miller Open to single Catholic men ages 18+ who want to answer the question: What is God calling me to do with my life? Please register at least one week in advance by contacting the Vocations Office at vocations@rcav.org or call (604) 443 3254



SUNDAY MASS

VII SUNDAY IN ORDINARY TIME
MASS READINGS

FIRST READING 1 Sm. 26, 2, 7-9, 12-13, 22-23
Though the Lord delivered you into my grasp, I would not harm you.

RESPONSORIAL Psalm 103
R. The Lord is kind and merciful

SECOND READING I Corinthians 15, 45 - 49
Just as we have borne the image of the earthly one, we shall also bear the image of the heavenly one.

GOSPEL Luke 6, 27 - 38
Be merciful, just as your Father is merciful.

MASS REFLECTION

This Sunday's Gospel contains some of the most typical and forceful words of Jesus' preaching: "Love your enemies" (Lk. 6, 27)... in the context of the programmatic discourse that opens with the famous "Beatitudes." Jesus delivered it in Galilee at the beginning of his public life: it is, as it were, a "manifesto" presented to all, in which he asks for his disciples' adherence, proposing his model of life to them in radical terms.

But what do his words mean? Why does Jesus ask us to love precisely our enemies, that is, a love which exceeds human capacities?

Actually, Christ's proposal is realistic because it takes into account that in the world there is *too much* violence, *too much* injustice, and therefore that this situation cannot be overcome except by countering it with *more* love, with more goodness. This "*more*" comes from God: it is his mercy which was made flesh in Jesus and which alone can "tip the balance" of the world from evil to good, starting with that small and decisive "world" which is the human heart.

This Gospel passage is rightly considered the *magna carta* of Christian non-violence. It does not consist in succumbing to evil, as a false interpretation of "turning the other cheek" (Lk. 6, 29) claims, but in responding to evil with good (Rom. 12, 17-21) and thereby breaking the chain of injustice.

One then understands that for Christians, non-violence is not merely tactical behaviour but a person's way of being, the attitude of one who *is so convinced of God's love and power* that he is not afraid to tackle evil with the weapons of love and truth alone.

Love of one's enemy constitutes the nucleus of the "Christian revolution", a revolution not based on strategies of economic, political or media power: the revolution of love, a love that does not rely ultimately on human resources but is a gift of God which is obtained by trusting solely and unreservedly in his merciful goodness. Here is the newness of the Gospel which silently changes the world! Here is the heroism of the "lowly" who believe in God's love and spread it, even at the cost of their lives.

Pope Benedict XVI, Angelus, Feb. 18, 2007

MUSIC NOTES



Cathedral Organist & Music Director

Denis Bédard (604) 322 5995

Assistant Organist & Music Administrator

Catherine Walsh (604) 222 8072

**MUSIC PROGRAMME FOR THE 11 AM MASS
Sunday, February 24, 2019**

Organist: Denis Bédard

Organ Prelude: Prelude in C minor - T. DUBOIS

Kyrie, Sanctus, Agnus Dei: Missa Brevis II
- D. BÉDARD

Offertory: If Ye Love Me (Choir) - T. TALLIS

Communion: 1. Cantilène religieuse (Organ)
- T. DUBOIS
2. Bless the Lord, O my Soul (Choir)
- M. IPPOLITOF-IVANOF

Organ Postlude:
Grand Jeu from Suite du premier ton - D. BÉDARD

MUSIC PREVIEW FOR MARCH 3, 2019

Missa in honorem Sancti Antonii - N. GOEMANNE

Lead Me, Lord - S. S. WESLEY

Locus Iste - BRUCKNER

Panis Angelicus - G. BAINI

Organ music by M. DUPRÉ

P Ó-pu-lus Si-on, * ec-ce Dó-minus vé-ni-et

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CATHEDRAL LIFE

BAPTISMS

Baptisms are held on most Sundays at 2 PM. Preparation classes are held on the second Saturday of each month. Please call the Cathedral office to find out more.

MARRIAGES

Bookings should be made at least six months in advance. Couples please contact the Cathedral office for information.

ALTAR SERVERS

The Cathedral has a team of dedicated men who are scheduled to help at specific Masses. Contact: Fr. Juan Lucca, jlucca@rcav.org.

CATHEDRAL BELL RINGERS

Our eight bells are rung by hand by a dedicated band of bell ringers. New ringers, experienced and learners, are always welcome. Visit www.vscr.ca for more information.

CATHEDRAL GIFT SHOP

The Gift Shop aims to be open before and after the noon, and evening weekday Masses, Sunday morning and evening Masses, & is staffed by a crew of dedicated ladies. Thank you for your support.

CATHOLIC WOMEN'S LEAGUE

The Catholic Women's League of Canada is a national organization, rooted in Gospel values, which calls its members to holiness through service to the people of God. We organize a wide variety of spiritual and social events and good works. Please contact Jane Rosenthal at janemrose@telus.net

CHURCH CARE & CLEANING

The church is given a thorough cleaning from 9 - 11 AM on the last Saturday of each month. More hands are needed. Contact the parish office at office@vancouvercathedral.org

USHERS & GREETERS

Help is needed to distribute bulletins, take up the collection, welcome all who come to Mass and generally be ready to serve with a smile! Contact: Bertilla Watanabe, Email: bwatanabe@holysacramentcathedral.org

CHOIRS

Three choirs offer a variety of music repertoires to enrich our prayer experience. Find out which of our choirs is right for you. Contact: Catherine Walsh at (604) 222 8072 .

VANCOUVER GENERAL HOSPITAL CHAPLAIN CONTACT

Fr. Jude Iloghalu is the Chaplain at Vancouver General Hospital. He resides at the Cathedral. In case of medical emergencies please contact him at (604) 230 7217.

HRC YOUNG ADULTS

HRC Young Adults is the Cathedral's young adult group. We welcome Catholics in their 20's - 30's to join us as we cultivate our faith and create friendships through fellowship as well as educational and service opportunities. Contact: hrcyoungadults@gmail.com; <http://facebook.com/hrcyoungadults>

LECTORS

If you are a regular at the Cathedral and if you are a practicing Catholic, you may apply. We are always looking for new lectors. For more information please contact David Cuan by e-mail: lector.hrc@gmail.com

EXTRAORDINARY MINISTERS OF HOLY COMMUNION

If you are a regular at the Cathedral and if you are a practicing Catholic, you may apply. Please contact Shirley Wang (604) 879 8295.

HANDMAIDS OF THE LORD

This is an all-women ministry of the Couples for Christ. Please contact: Grace Inonog, graceaka44@yahoo.com.

KNIGHTS OF COLUMBUS

The K of C is a fraternal benefit society founded on the principles of charity, unity and fraternity. For more information please contact: Grand Knight James Faulkner, (778) 881 1937 or holyrosary.council14652@gmail.com

LEGION OF MARY

The men & women of the Legion are a well-established organization at the Cathedral. They serve in all areas of cathedral life as greeters, ushers and prayer leaders. For more information: Rufina Amandiz, (604) 325 9921 .

HISPANIC COMMUNITY

The weekly Spanish Mass now caters to the Spanish-speaking community in our parish. If you would like to get involved please contact: comunidadhispanahrc@gmail.com

COMMUNION AND LIBERATION

An ecclesial movement whose purpose is the education to Christian maturity of its adherents and collaboration in the mission of the Church in all the spheres of contemporary life. Learn more at clonline.org or contact us at communionliberationvancouver@gmail.com



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