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ARCHDIOCESE OF VANCOUVER



IV SUNDAY IN LENT

MARCH 11, 2018



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holyrosarycathedral.org

W E L C O M E T O H O L Y R O S A R Y C A T H E D R A L !

SUNDAY MASSES

Saturday 5:10 PM anticipated Mass

Sunday 8 AM, 9:30 AM, 11 AM, 12:30 PM,
5 PM, 6:30 PM in Spanish, 8 PM

WEEKDAY MASSES

Monday to Friday 7:15 AM, 8 AM, 12:10 PM, 5:10 PM

Saturday 7:15 AM, 8 AM, 12:10 PM

CONFESSIONS

Monday to Friday 7:45 AM, 11:45 AM, 4:45 PM

Saturday 7:45 AM, 11:45 AM, 4 to 5 PM

DEVOTIONS

Sunday Vespers and Benediction at 4 PM

Morning Prayer Monday to Saturday at 8:30 AM

Rosary Monday to Saturday at 11:40 AM & 4:40 PM
(Except Thursday evenings when the Rosary is at 4:15 PM)

Chaplet of the Divine Mercy Fridays 3 PM

Prayers to God the Father Tuesdays at 4 PM

Adoration Thursdays from 4 PM to 5 PM and

First Friday from 12:45 PM to 5 PM



SUNDAY MASS READINGS

IV SUNDAY IN LENT

First Reading **2 Chronicles 36.14-17a, 19-23**

*The wrath and steadfast kindness of the Lord are shown
by the exile and restoration of the people.*

Responsorial **Ps. 137**

R. Let my tongue cling to my mouth if I do not
remember you.

Second Reading **Ephesians 2.4-10**

*Even when you were dead in your trespasses, by God's
grace you have been saved.*

Gospel **John 3.14-21**

*God sent his only-begotten Son so that the world might
be saved through him.*

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604-682-6774 ext. 5

CATHEDRAL REGISTRATION

If you have recently moved into the downtown area, we
welcome you to pick up a parish registration form from
the Cathedral Office. Please contact our office for Donation
Envelopes.

MESSAGE FROM THE VICE-RECTOR

THE NEED FOR SILENCE

In the hectic business of His public ministry we are told that Jesus «got up and went out to a deserted place, and there he prayed». He did so to be in communion with His heavenly Father and also to teach us that it is by silence and prayer that we enter into communion with God.

Today we live busy lives in the midst of a very noisy world. We are busy with work and with managing the responsibilities of family life (so that at times, like Jesus, it can seem like «Everyone is searching for us» while at the same time we are bombarded with noise and information. How can we hear God and how does He speak to us today? This is the topic of a book written in 2016 by Robert Cardinal Sarah, Prefect of the Congregation for Divine Worship and the Discipline of the Sacraments, aptly entitled, *The Strength of Silence: Against the Dictatorship of Noise*. In an interview on the subject of his book he had this to say:

“God’s first language is silence.” In commenting on this beautiful, rich insight of Saint John of the Cross, Thomas Keating, in his work Invitation to Love, writes: “Everything else is a poor translation. In order to understand this language, we must learn to be silent and to rest in God.”

I think that we are the victims of the superficiality, selfishness and worldly spirit that are spread by our media-driven society. We get lost in struggles for influence, in conflicts between persons, in a narcissistic, vain activism. We swell with pride and pretention, prisoners of a will to power... But all that passes away like smoke... without [silence], we are in illusion. The only reality that deserves our attention is God Himself, and God is silent. He waits for our silence to reveal Himself. Regaining the sense of silence is therefore a priority, an urgent necessity.

If God’s first language is silence and if «this divine silence dwells within a human being» then it follows that we must follow Jesus example to remove ourselves from the business, distraction, and noise so as to enter the silence that leads us into peaceful communion with God.

God in His great humility is not one who shouts at us but rather who speaks to us softly and, the Cardinal explains that the Devil does not want us to hear Him in order to keep us restless, confused, and distracted from His presence in our lives. He explains:

“God is silence, and the devil is noisy. From the beginning, Satan has sought to mask his lies beneath a deceptive,

resonant agitation. The Christian owes it to himself not to be of the world. It is up to him to turn away from the noises of the world, from its rumors that run headlong in order to turn better toward what is essential: God. Our busy, ultra-technological age has made us even sicker. Noise has become like a drug on which our contemporaries are dependent. With its festive appearance, noise is a whirlwind that avoids looking oneself in the face and confronting the interior emptiness. It is a diabolical lie. The awakening can only be brutal. I am not afraid to call on all people of good will to enlist in a form of resistance. What will become of our world if it cannot find oases of silence?”

Silence then is a form of resistance to the confusion that surrounds us which grounds us in the reality of God and who we truly are.

Sometimes we may struggle with praying in the midst of this noise. We often tend to fall into two potholes. First, we want to start praying before we have settled ourselves down and cleared our minds – in other words we want to pray before we are silent when in fact the process of settling down into the quietness of mind and body is often the most fruitful part of prayer. The other is that we spend way too much time talking and not enough listening for God. In this regard Mother Teresa had this to say:

We cannot put ourselves directly in the presence of God if we do not practice internal and external silence. In silence we will find new energy and true unity. Silence gives us a new outlook on everything. The essential thing is not what we say but what God says to us and through us. In that silence, He will listen to us; there He will speak to our soul, and there we will hear His voice.

Listen in silence because if your heart is full of other things you cannot hear the voice of God. But when you have listened to the voice of God in the stillness of your heart, then your heart is filled with God. In nature we find silence — the trees, flowers, and grass grow in silence. The stars, the moon, and the sun move in silence. Silence of the heart is necessary so you can hear God everywhere — in the closing of a door, in the person who needs you, in the birds that sing, in the flowers, in the animals. God sees that inwardly we are tired, anxious, confused, and lost and He invites us to stop and to meet Him in silence where He desires to give us rest and peace. It all begins with silence, the silence which leads to true prayer. What results from silence is described by Mother Teresa in this way: «The fruit of Silence is prayer. The fruit of Prayer is faith. The fruit of Faith is love. The fruit of Love is service. The fruit of Service is peace».

Fr. Lovato

CATHEDRAL NEWS



FORGIVEN, MARCH 5, 12, 19 & 26

This Lent formed.org offers a special program called Forgiven. Besides viewing this special series at home, you are invited to join a group of parishioners at Holy Rosary Hall on Monday evenings in March (March 5, 12, 19 & 26 from 7PM to 8:30 PM). We will watch different videos each night and have small group discussion afterwards to explore the beautiful gift of reconciliation from the Lord.

LENTEN DAY OF RECOLLECTION AT HRC, MARCH 17

Join the CWL for a Lenten Day of Recollection, "Deliverance and Delight in the Lord," on **March 17** from 9-11:30AM in Holy Rosary Hall. Presentations by Cathedral rector, Very Rev. Stanley Galvon and Rev. Jude Illoghalu. Admission is by donation. For more information please contact the Cathedral parish office.

WELCOME TO THE CATHEDRAL FR. NELSON

We welcome Fr Nelson Santos to Holy Rosary Cathedral. He is originally from Goa in India and was ordained in 1990. He has been serving in the Archdiocese of Vancouver for XX years. He will also be helping with the seafarers outreach in the Vancouver harbour.



ARCHDIOCESE NEWS



CARDINAL TAGLE IN VANCOUVER, MARCH 19

Cardinal Luis Antonio Tagle, the Archbishop of Manila, will celebrate Mass at Holy Rosary Cathedral on Monday, **March 19** at 12:30 PM (in lieu of the usual 12:10 Mass). Later that evening, he will give a public address at Queen Elizabeth Theatre in Vancouver. The evening will begin with an opening performance at 6 PM followed by an opening address by Archbishop Miller and a talk by Cardinal Tagle. Tickets are on sale now through Ticketmaster. Visit <http://rcav.org/cardinal-tagle>

RACHEL'S VINEYARD RETREAT, MAY 2018

Have you ever thought about what it would feel like to be free of the shame, regret and pain that you have been living with since the day of your abortion? The next Rachel Vineyard retreat will take place in May 2018. For confidential information and to register call 604-525-0999.

ARCHDIOCESAN HOLY HOUR FOR VOCATIONS

Join Fr. Rodney Nootebos, Director of Vocations and Seminarians, along with other members of the faithful throughout the archdiocese, in a monthly Holy Hour of prayer for vocations. The next one will take place on Thursday, March 15 at St. Nicholas Parish, Langley, 7 - 8 PM.

LENTEN DEVOTIONS AT THE CATHEDRAL

Stations of the Cross take place after the 5:10PM Mass every Wednesday and Friday during the Season of Lent.

MINISTERIO HISPANO

Misa en Español: Domingos a las 6:30 PM
Confesiones en Español: Mier, Jue y Vier 11:45 AM y 4:45 PM.
Rosario en Español: Domingos a las 6:05 PM.

San Juan Pablo II, papa
Homilía (1979): El signo de Dios

4. Es preciso que nosotros reunidos en esta estación cuaresmal de la cruz de Cristo, nos hagamos estas preguntas fundamentales, que fluyen de la cruz hacia nosotros. ¿Qué hemos hecho y qué hacemos para conocer mejor a Dios? Este Dios que nos ha revelado Cristo. ¿Quién es El para nosotros? ¿Qué lugar ocupa en nuestra conciencia, en nuestra vida?

Preguntémonos por este lugar, porque tantos factores y tantas circunstancias quitan a Dios este puesto en nosotros. ¿No ha venido a ser Dios para nosotros ya sólo algo marginal? ¿No está cubierto su nombre en nuestra alma con un montón de otras palabras? ¿No ha sido pisoteado como aquella semilla caída «junto al camino» (Mc 4, 4)? ¿No hemos renunciado interiormente a la redención mediante la cruz de Cristo, poniendo en su lugar otros programas puramente temporales, parciales, superficiales?

5.[...]confesemos con humildad nuestras culpas, nuestras negligencias nuestra indiferencia en relación con este Amor que se ha revelado en la cruz. Y a la vez renovémonos en el espíritu con gran deseo de la vida, de la vida de gracia, que eleva continuamente al hombre. lo fortifica, lo compromete. Esa gracia que da la plena dimensión a nuestra existencia sobre la tierra.

Así sea.

Jóvenes Adultos (19-35+) – Aquí en el Holy Rosary Cathedral Hall-Todos los Miércoles. Hora: 7-9 PM

Fútbol @ Our Lady of Sorrows – 555 Slocan St. Vancouver. Todos los Jueves. Hora: 7-9:00 pm

MUSIC NOTES

Cathedral Organist & Music Director
 Denis Bédard (604) 322 5995
Assistant Organist & Music Administrator
 Catherine Walsh (604) 222 8072

MUSIC PROGRAMME FOR THE 11:00 AM MASS
Sunday, March 11, 2018

Organ Prelude: Chorale “O God, Thou Faithful God” - J. BRAHMS

Offertory: Offertory for the Fourth Sunday in Lent (Choir) - J. GRUBER

Communion:

1. Largo e spiccato from Concerto in D minor (Organ) - VIVALDI-BACH
2. Inclina ad me (Soloist and Choir) - F. H. HIMMEL

Organ Postlude: Little Prelude and Fugue in D minor - J. S. BACH

MUSIC PREVIEW FOR March 18, 2018

Missa Brevisissima Gregoriana - K. TEN HOOPE

Ecce quomodo - J. HANDL

Hide not thou thy face from us - A. BATTEN

Turn Thy face from my sins - T. ATTWOOD

Adoramus Te - G. P. PALESTRINA

ADVERTISE!! If you or your company would like to advertise on the back of the Holy Rosary Cathedral Bulletin, please contact Max Madrussan for more information at (778) 899 6388 or send an e-mail to mmadrussan@cancommedia.com

CATHEDRAL LIFE

BAPTISMS

Sundays at 2:00 PM. Preparation classes are held on the second Saturday of each month. Please call the Cathedral office to find out more.

MARRIAGES

Bookings should be made at least six months in advance. Couples please contact the Cathedral office for information.

ALTAR SERVERS

The Cathedral has a team of dedicated servers who are scheduled to help at specific Masses. Help is needed at weekday Masses too. Contact Fr. Juan Lucca, 604-682-6774 ext. 228 for more information .

CATHEDRAL BELL RINGERS

Our eight bells are rung by hand by a dedicated band of bell ringers. New ringers, experienced and learners, are always welcome. Visit www.vscr.ca for more information.

CATHEDRAL GIFT SHOP

The Gift Shop aims to be open before and after the noon, and evening weekday Masses, Sunday morning and evening Masses, & is staffed by a crew of dedicated ladies. Thank you for your support.

CATHOLIC WOMEN'S LEAGUE

The Catholic Women's League of Canada is a national organization, rooted in Gospel values, which calls its members to holiness through service to the people of God. We organize a wide variety of spiritual and social events and good works. To get in touch with the CWL, contact Jane Rosenthal, janemrose@telus.net.

CHURCH CARE & CLEANING

The sanctuary is given a thorough cleaning every Tuesday morning, 9 - 11 AM, and on the last Saturday of each month. More hands are needed. Contact the parish office at office@vancouvercathedral.com

USHERS & GREETERS

Help is needed to distribute bulletins, take up the collection, welcome all who come to Mass and generally be ready to serve with a smile! Contact: Bertilla Watanabe, bwatanabe@holyroarycathedral.org.

CHOIRS

Three choirs offer a variety of music repertoires to enrich our prayer experience. Find out which of our choirs is right for you. Contact: Catherine Walsh at (604) 222 8072 .

EXTRAORDINARY MINISTERS OF HOLY COMMUNION

If you are a regular at the parish and live by the principles of a faith-filled Catholic, this ministry may be your calling. Lay members help with the distribution of the Eucharist when additional help is required. Please contact Shirley Wang, (604) 879 8295.

HRC YOUNG ADULTS

HRC Young Adults is the Cathedral's young adult group. We welcome Catholics in their 20's - 30's to join us as we cultivate our faith and create friendships through fellowship as well as educational and service opportunities. Contact: hrcyoungadults@gmail.com

LECTORS

The sacramental celebration of the Word of God is a proclamation which must enlighten the minds of the listeners and inspire them in the journey towards God. New lectors welcome. For more information please contact David Cuan by e-mail: lector.hrc@gmail.com

HANDMAIDS OF THE LORD

This is an all-women ministry of the Couples for Christ. It aims to provide Christian pastoral support for personal renewal. Contact: Grace Inonog, graceaka44@yahoo.com.

KNIGHTS OF COLUMBUS

The K of C a fraternal benefit society founded on the principles of charity, unity and fraternity. For more information please contact: Grand Knight James Faulkner, (778) 881 1937 or holyrosary.Council14652@gmail.com

LEGION OF MARY

The men & women of the Legion are a well-established organization in the parish. They serve in all areas of parish life as greeters, ushers and prayer leaders. They also make house visits to visit the sick, pray the rosary and evangelize. Rufina Amandiz, (604) 325 9921 .

HISPANIC COMMUNITY

The weekly Spanish Mass now caters to the Spanish-speaking community in our parish. If you would like to get involved please contact: comunidadhispanahrc@gmail.com

COMMUNION AND LIBERATION

An ecclesial movement whose purpose is the education to Christian maturity of its adherents and collaboration in the mission of the Church in all the spheres of contemporary life. Learn more at clonline.org or contact us at communionliberationvancouver@gmail.com



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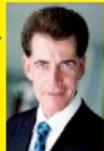
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