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VIII SUNDAY IN ORDINARY TIME

FEBRUARY 26, 2017



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MESSAGE FROM THE RECTOR

Dear parishioners and visitors

We begin the liturgical season of Lent on Wednesday March 1st. Lent has two major purposes: it calls us to a deeper appreciation of our baptism promises and it emphasizes a spirit of penance. Through forty days of closer attention to God's Word and of more fervent prayer, we are drawn to be closer to the passion, death and resurrection of Jesus.

We think of the social consequences of sin and renew our desire to turn from sin and to do the good which needs to be done. A Share Lent collection in the 5th week of Lent helps us to support the work of the Canadian bishops through the Development and Peace organization in developing countries.

Some special devotions during Lent help us to broaden and deepen our prayer experience. Stations of the Cross will be prayed on Friday and Wednesday in Lent after the 5:10 PM Mass, starting on Friday March 3rd.

Please ask the Holy Spirit to let you know what God wants you to do this Lent to make it special. On your part, plan some quiet time in the next few days to listen in a deeper way to the Holy Spirit speaking to you personally about Lent.

- Fr. Galvon



ASH WEDNESDAY MASSES

7:15 AM, 8 AM, 12:10 PM, 5:10 PM, 7PM.

There will be imposition of ashes at all of the above Masses.

One does not have to be Catholic to receive ashes, but to have a desire to change those things in our lives that keep us away from the love of God.

The 5:10 PM Mass will be celebrated by the Archbishop.

THE MEANING OF ASHES AND LENT

The imposition of ashes. What is its most significant meaning?

It is certainly not merely ritualistic, but something very deep that touches our hearts. It makes us understand the timeliness of the Prophet Joel's advice echoed in the First Reading, advice that still retains its salutary value for us: external gestures must always be matched by a sincere heart and consistent behaviour.

Indeed, the inspired author wonders, what use is it to tear our garments if our hearts remain distant from the Lord, that is, from goodness and justice? Here is what truly counts: to return to God with a sincerely contrite heart to obtain his mercy (cf. Jl 2: 12-18).

A new heart and a new spirit: we ask for this with the penitential Psalm par excellence, the Miserere, which we sing today with the response, "Be merciful, O Lord, for we have sinned."

The true believer, aware of being a sinner, aspires with his whole self - spirit, heart and body - to divine forgiveness, as to a new creation that can restore joy and hope to him (cf. Ps 50).

Another aspect of Lenten spirituality is what we could describe as "combative", as emerges in today's "Collect", where the "weapons" of penance and the "battle" against evil are mentioned.

Every day, but particularly in Lent, Christians must face a struggle, like the one that Christ underwent in the desert of Judea, where for 40 days he was tempted by the devil, and then in Gethsemane, when he rejected the most severe temptation, accepting the Father's will to the very end.

It is a spiritual battle waged against sin and finally, against Satan. It is a struggle that involves the whole of the person and demands attentive and constant watchfulness.

Lent reminds us, therefore, that Christian life is a never-ending combat in which the "weapons" of prayer, fasting and penance are used. Fighting against evil, against every form of selfishness and hate, and dying to oneself to live in God is the ascetic journey that every disciple of Jesus is called to make with humility and patience, with generosity and perseverance.

- Pope Benedict XVI

From the Homily of Ash Wednesday 2006

PARISH NEWS AND EVENTS

FIRST FRIDAY, MARCH 3

Mass at 12:10 PM followed by exposition of the Blessed Sacrament. The church will be open for Adoration in the afternoon. Benediction before the 5:10 PM Mass. Lunch in the Hall will be served after the 12:10 PM Mass. Enjoy soup and sandwiches, \$5/person, hosted by the Cathedral Volunteers.

LENTEN DEVOTIONS

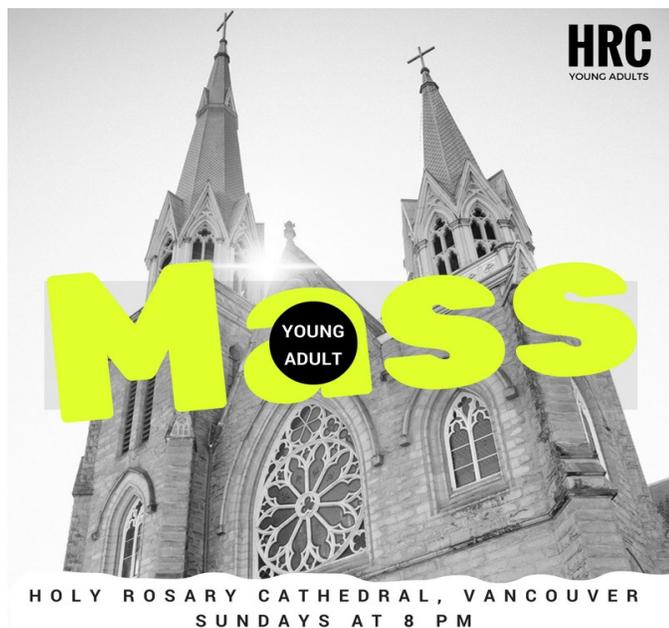
Stations of the Cross begin on Friday, March 3 after the 5:10 PM Mass and then every Wednesday and Friday during the Season of Lent after the 5:10 PM Mass.

LENTEN RETREAT: BEATITUDE AND THE BEATITUDES.

“Understanding and Living the Beatitudes” by Sister Gabriella Yi. “Our Vocation to Beatitude” by Fr. Alessandro Lovato. 9:30 AM - 11:30 AM, March 11th, Holy Rosary Hall. All are welcome. Admission by Donation. Sponsored by the Catholic Women’s League.

BEST LENT EVER

For Lent, Matthew Kelly and his team have put together an internet based resource for each of us to receive in our email inbox each day of Lent. The site to check out is www.bestlentever.com. Dynamic Catholic will respect your privacy and will not share your name with other groups.



AROUND THE ARCHDIOCESE

LENTEN TALK SERIES 2017

Join us every Friday during Lent for the following talks at Our Lady of Mercy Parish, Burnaby from 7:30 PM to 9 PM:

March 3: “Lent – A Call to Repentance and Conversion” with Fr. Alessandro Lovato

March 10: “Lord, Teach Us to Pray” with Fr. Rudolf d’Souza, OCD

March 17: “Fasting and Alms-giving” with Very Rev. Gary Franken

March 24: “The Healing Power of Confession” with Fr. Lucien Larré

March 31: “Lent: A Time for Self-Denial” with Fr. Craig Scott

April 7: “I am A New Being” with Fr. Augustine Obiwumma

SCREENING OF CANADIAN DOCUMENTARY: OVER 18

Over 18 is a clear-eyed examination of modern pornography and its effects on kids, teens, parents, and porn stars. Join us on Thursday, March 2, from 6:30 - 9 PM at Immaculate Conception Church, Delta. Must be at least 18 years old to register. Event is hosted by the CWL Council with guest speaker, Sr. John Mary Sullivan, FSE. For more information, please contact 778 232 5953.

PRO-LIFE MASS & VIGIL

Join us for a peaceful, prayerful vigil for unborn children and their parents on Saturday, March 4 at 9 AM. Mass at St. Joseph Parish in Mission will be followed by Rosary at Mission Hospital.

RESPONDING TO REQUESTS FOR ASSISTED SUICIDE

Join us for an interactive workshop for physicians, nurses, and pharmacists on Wednesday, March 29, from 7 - 9:30 PM at the John Paul II Pastoral Way, 4885 Saint John Paul II Way, Vancouver. Workshop is hosted by the Catholic Physicians’ Guild.

MINISTERIO HISPANO

Misa en Español: Domingos a las 6:30 PM
Confesiones en Español: Mier, Jue y Vier 11:45 AM y 4:45 PM.
Rosario en Español: Domingos 6:05 PM.
 Escribenos a nuestro email:
 comunidadhispanahrc@gmail.com

NADIE PUEDE SERVIR A DOS AMOS

El evangelio de hoy continua con el Sermón de la Montaña, muestra las exigencias de la llegada del Reino y exhorta al desprendimiento y al rechazo de todo desasosiego.

Este pasaje evangélico es un cántico al amor providente de Dios, que es nuestro Padre. Cuatro son los motivos de la exhortación: no sufrir ansiedad por el sustento, buscar a Dios y su Reino, Dios tiene cuidado de sus criaturas, y es un Padre bondadoso para todos. El discípulo no tiene que inquietarse excesivamente por el sustento material, el Padre celestial ya sabe que tenemos necesidades.

LA PALABRA EN TU VIDA

Dios nos dio lo medios y la inteligencia para salir adelante y superar las situaciones difíciles. Primeramente contamos con el don de la vida temporal ¿Qué mejor regalo? solo lo supera el que Su Hijo nos ganó la Vida Eterna. Hagamos buen uso de los bienes materiales que el Señor pone a nuestra disposición para ganarnos el cielo.

¿QUÉ SABES SOBRE LOS CARISMAS?

¡Dios colma de regalos y dones a sus hijos! Cuando somos bautizados recibimos de Él los dones de: Fe, Esperanza y Caridad que nosotros con nuestra inteligencia y voluntad debemos cultivar y acrecentar. Pero además nos da carismas; habilidades que se deben de poner al servicio de nuestros hermanos para guiarlos ayudarlos a llegar al cielo. La Comunidad Hispana en la Catedral siempre está en necesidad de que la apoyes con tus carismas. Habla con el Padre Federico si quieres servir en algún ministerio.

MUSIC NOTES

Cathedral Organist & Music Director
 Denis Bédard (604) 322 5995
Assistant Organist & Music Administrator
 Catherine Walsh (604) 222 8072

**MUSIC PROGRAMME FOR THE 11:00 AM MASS
 Sunday, February 26, 2017**

- Organ Prelude:** Antiphons III and V - M. DUPRÉ
- Kyrie, Sanctus, Agnus Dei:** Missa Brevis - A. LOTTI
- Offertory:** Bless the Lord, O my Soul (Choir)
 - M. IPPOLITOV-IVANOV
- Communion:** 1. Chorale *Te lucis ante terminum*
 (Organ) - M. DUPRÉ
 2. Benedic Anima Mea (Choir)
 - C. SERMISY
- Organ Postlude:** Toccata on *Placare Christe servulus*
 - M. DUPRÉ

MUSIC PREVIEW FOR MARCH 5, 2017

- Offertory for the First Sunday in Lent - J. GRUBER
- Christus Factus Est - F. ANERIO
- Peccantem me quotidie - C. MORALES
- Lord, for Thy tender mercy's sake - J. HILTON
- O Bone Jesu - G. P. PALESTRINA

CHORISTERS NEEDED! 11 AM MASS CHOIR

Can you read music? Do you have some experience singing in a choir? Would you like to sing masterpieces of sacred music (Gregorian chant, Palestrina, Victoria, Mozart, etc.)? The Cathedral Choir sings on Sundays at the 11 AM Mass and we are looking for more singers (SATB). We are a friendly and welcoming group who also strives for excellence. Interested? Please contact Music Director Denis Bédard at cheldar@cheldar.com or (604) 322 5995, or after the 11 AM Mass.

P A R I S H L I F E

BAPTISMS

Sundays at 2:00 PM. Preparation classes are held on the second Saturday of each month. Please call the Cathedral office to find out more.

MARRIAGES

Bookings should be made at least six months in advance. Couples please contact the Cathedral office for information.

ALTAR SERVERS

The Cathedral has a team of dedicated servers who are scheduled to help at specific Masses. Help is needed at weekday Masses too. Contact: Fr. Pablo Santa Maria (604) 682 6774 ext. 0

CATHEDRAL BELL RINGERS

A skilled and dedicated team of bell ringers rings our eight bells by hand. New ringers, experienced or not, are welcome always. Practices are held on Tuesdays at 7:30 PM. Visit www.vscr.ca

CATHEDRAL GIFT SHOP

The Gift Shop aims to be open before and after the noon, and evening weekday Masses, Sunday morning and evening Masses, & is staffed by a crew of dedicated ladies. Thank you for your support.

CATHOLIC WOMEN'S LEAGUE

The Catholic Women's League of Canada is a national organization, rooted in Gospel values, which calls its members to holiness through service to the people of God. We organize a wide variety of spiritual and social events and good works. Please contact Sarah Parry: sarahisobelparry@gmail.com

CHURCH CARE & CLEANING

The sanctuary is given a thorough cleaning every Tuesday morning, 9 - 11 AM, and on the last Saturday of each month. More hands are needed. Contact the parish office at office@vancouvercathedral.com

USHERS & GREETERS

Help is needed to distribute bulletins, take up the collection, welcome all who come to Mass and generally be ready to serve with a smile! Contact: Gilda Penfold, Email: gilda9488@gmail.com

CHOIRS

Three choirs offer a variety of music repertoires to enrich

our prayer experience. Find out which of our choirs is right for you. Contact: Catherine Walsh at (604) 222 8072 .

EXTRAORDINARY MINISTERS OF HOLY COMMUNION

If you are a regular at the parish and live by the principles of a faith-filled Catholic, this ministry may be your calling. Lay members help with the distribution of the Eucharist when additional help is required. Please contact Shirley Wang, (604) 879 8295.

HRC YOUNG ADULTS

HRC Young Adults is the Cathedral's young adult group. We welcome Catholics in their 20's - 30's to join us as we cultivate our faith and create friendships through fellowship as well as educational and service opportunities. Contact: hrcyoungadults@gmail.com

LECTORS

The sacramental celebration of the Word of God is a proclamation which must enlighten the minds of the listeners and inspire them in the journey towards God. New lectors welcome. For more information please contact David Cuan by e-mail: lector.hrc@gmail.com

HANDMAIDS OF THE LORD

This is an all-women ministry of the Couples for Christ. It aims to provide Christian pastoral support for personal renewal. Contact: Grace Inonog, graceaka44@yahoo.com.

KNIGHTS OF COLUMBUS

The K of C a fraternal benefit society founded on the principles of charity, unity and fraternity. For more information please contact: Grand Knight James Faulkner, (778) 881 1937 or holyrosary.Council14652@gmail.com

LEGION OF MARY

The men & women of the Legion are a well-established organization in the parish. They serve in all areas of parish life as greeters, ushers and prayer leaders. They also make house visits to visit the sick, pray the rosary and evangelize. Rufina Amandiz, (604) 325 9921 .

HISPANIC COMMUNITY

The weekly Spanish Mass now caters to the Spanish-speaking community in our parish. If you would like to get involved please contact: comunidadhispanahrc@gmail.com

ADVERTISE!! If you or your company would like to advertise on the back of the Holy Rosary Cathedral Bulletin, please contact Max Madrussan for more information at (778) 899 6388 and mmadrussan@cancommedia.com

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