ARCHBISHOP
Most Rev. J. Michael Miller, CSB

RECTOR
Very Rev. Stanley Galvon

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Rev. Anicet Pinto
Rev. Nelson Santos
Rev. Juan Lucca
Rev. Rosary Pratheep
Rev. Ngozi Onyelu

IN RESIDENCE
Rev. Jude Iloghalu (Chaplain of VGH)

DEACONS
Rev. Mr. Alvin Rint
Rev. Mr. Richard Chau

646 Richards Street,
Vancouver BC V6B 3A3

(604) 682 6774
office@vancouercathedral.org
holyrosarycathedral.org
MASSES, SACRAMENTS & DEVOTIONS

SUNDAY MASSES
Saturday 5:10 PM anticipated Mass
Sunday 8 AM, 9:30 AM, 11 AM, 12:30 PM,
5 PM, 6:30 PM in Spanish, 8 PM

WEEKDAY MASSES
Monday to Friday 7:15 AM, 8 AM, 12:10 PM, 5:10 PM
Saturday 7:15 AM, 8 AM, 12:10 AM

CONFESSIONS
Monday to Friday 7:45 AM, 11:45 AM, 4:45 PM
Saturday 7:45 AM, 11:45 AM, 4 to 5 PM

DEVOTIONS
Sunday Vespers and Benediction at 4 PM
Morning Prayer Monday to Saturday at 8:30 AM
Rosary Monday to Saturday at 11:40 AM & 4:40 PM
(Except Thursday evenings when the Rosary is
at 4:15 PM)
Chaplet of the Divine Mercy Fridays 3 PM
Adoration: Thursday from 4 PM to 5 PM and
First Friday from 12:45 PM to 5 PM

MINISTERIO HISPANO

MISA EN ESPAÑOL
Domingos a las 6:30 PM.

CONFESIONES EN ESPAÑOL
Domingos: 6 - 6:25 PM.
Mier, Jue y Vier 11:45 AM y 4:45 PM.

ROSARIO EN ESPAÑOL
Domingos a las 6:05 PM.

JÓVENES ADULTOS
Edades: 19 - 35 en Rosary Hall - Miér.: 7 - 9 PM.

CATHEDRAL REGISTRATION
If you have recently moved into the downtown area,
we welcome you to pick up a Cathedral registration
form from the Cathedral Office. Please contact our
office for Donation Envelopes.

Cover Picture: Water Colour of the Cathedral
Cathedral of Our Lady of the Holy Rosary ©
MESSAGE FROM THE RECTOR

SHARE LENT

Opportunity for prayer, fasting & almsgiving.

The Bishop of Ravenna, Italy was one of the great preachers of the 5th century. In fact, his wonderful homilies and exhortations earned him the nickname “golden words” which is what “Chrysologus” means. This is but an excerpt from one of his Lenten sermons which is offered on Tuesday of the Third Week of Lent in the Office of Readings for the Church. It is entitled “Prayer knocks, fasting obtains, mercy receives.”

“There are three things, dear ones, by which faith stands firm, devotion remains constant, and virtue endures. They are prayer, fasting and mercy. Prayer knocks at the door, fasting obtains, mercy receives. Prayer, mercy and fasting: these three are one, and they give life to each other.

Fasting is the soul of prayer, mercy is the lifeblood of fasting. Let no one try to separate them; they cannot be separated. If you have only one of them or not all together, you have nothing. So if you pray, fast; if you fast, show mercy; if you want your petition to be heard, hear the petition of others. If you do not close your ear to others you open God’s ear to yourself.

When you fast, see the fasting of others. If you want God to know that you are hungry, know that another is hungry. If you hope for mercy, show mercy. If you look for kindness, show kindness. If you want to receive, give. If you ask for yourself what you deny to others, your asking is a mockery.

Let this be the pattern for all men when they practice mercy: show mercy to others in the same way, with the same generosity, with the same promptness, as you want others to show mercy to you.

Therefore, let prayer, mercy and fasting be one single plea to God on our behalf, one speech in our defense, a threefold united prayer in our favour.

Let us use fasting to make up for what we have lost by despising others. Let us offer our souls in sacrifice by means of fasting. There is nothing more pleasing that we can offer to God, as the psalmist said in prophecy: A sacrifice to God is a broken spirit; God does not despise a bruised and humbled heart.

Offer your soul to God, make him an oblation of your fasting, so that your soul may be a pure offering, a holy sacrifice, a living victim, remaining your own and at the same time made over to God. Whoever fails to give this to God will not be excused, for if you are to give him yourself you are never without the means of giving.

To make these acceptable, mercy must be added. Fasting bears no fruit unless it is watered by mercy. Fasting dries up when mercy dries up. Mercy is to fasting as rain is to earth. However much you may cultivate your heart, clear the soil of your nature, root out vices, sow virtues, if you do not release the springs of mercy, your fasting will bear no fruit.

When you fast, if your mercy is thin your harvest will be thin; when you fast, what you pour out in mercy overflows into your barn. Therefore, do not lose by saving, but gather in by scattering. Give to the poor, and you give to yourself. You will not be allowed to keep what you have refused to give to others.”

At all Sunday Masses this weekend, there will be second collection after Holy Communion for Share Lent. This supports the work of the Canadian Development and Peace and International Caritas to help forced migrant families around the world. Consider offering to this collection money that you have saved from self denial during Lent. For example, if your family has given up some dessert during Lent the money saved and given to Share Lent can bring blessings to many others... a real multiplication of goodness!

A PRAYER FOR FORCED MIGRANTS AROUND THE WORLD

Have mercy on me, God most high. In my fear and loneliness, be my refuge. Far from my homeland, I feel lost. My heart is stirred by thoughts of the family I left behind.

O God, hear their cries and come to their help! Calm the storms of anxiety and doubt raging within me. Go before me and guide my steps among a people I do not know.

May their kindness and compassion assure me that You are there to welcome me.

Prayer developed by Cardinal Luis Tagle, President of Caritas Internationalis.
CATHEDRAL NEWS

2019 Adult Confirmation at the Cathedral
The Adult Confirmation will take place on June 9 at 12:30 PM at the Cathedral. Classes are on May 22, 29 and June 5. If you are a baptized adult who has not yet received the Sacrament of Confirmation and is ready to be confirmed, please contact the office.

Baptism Preparation Class
Class For parents who wants to have their child baptized at the Cathedral or want to have a baptism somewhere else. Saturday April 13 at 10 AM. Please call the office (604) 682 6774 ext. 0 to register.

Pancake Breakfast, April 28
On April 28th the Cathedral K. of C. will be hosting a fundraising brunch after the 9:30 AM mass until 4 PM. A donation of $5 is suggested. All proceeds will go towards the cathedral building restoration fund. We thank you in advance for your ongoing support and we look forward to seeing you there.

ARCHDIOCESAN NEWS

Chrism Mass, April 17 at the Cathedral
One of the most solemn and significant liturgies of our Church is the Chrism Mass. Join Archbishop Miller and the priests of the Archdiocese on Wednesday, April 17 at 5 PM at the Cathedral for the blessing of the Holy Oils used in sacraments in the Archdiocese.

Stations of the Cross at QE Park, April 19
All are welcome to join Communion and Liberation for a special Stations of Cross on Good Friday, April 19. Departure at 10 AM at the fountain next to Bloedel conservatory parking lot. For more info: communionliberationvancouver@gmail.com.

Vocations Holy Hour April 10 at 7 PM
Archdiocesan Holy Hour for Vocations to the Priesthood. This month’s Holy Hour will take place at 7 PM on April 10 at Christ the Redeemer Parish in West Vancouver.
S U N D A Y  M A S S

V SUNDAY IN LENT

MASS READINGS

FIRST READING    Isaiah 43, 16 - 21
I am about to do a new thing: I will give drink to my chosen people.

RESPONSORIAL     Psalm 126
R. The Lord has done great things for us; we are filled with joy.

SECOND READING   Philippians 3, 8 - 14
I have suffered the loss of all things, in order that I may gain Christ.

GOSPEL           John 8, 1 - 11
Let anyone among you who is without sin be the first to throw a stone.

MASS REFLECTION

Neither do I condemn you. Go, and from now on do not sin any more. (John 8:11)

Wouldn’t you love to know what happened to this woman after she left Jesus that unforgettable day? John doesn’t tell us. In fact, we almost never learn what happened to people in the Gospels after Jesus healed or forgave them. But these were real people who probably lived many years after their encounter with him. So let’s try to imagine what happened next for this woman.

Jesus’ refusal to condemn her must have affected her to the core. His act of mercy saved her life, not just physically, but spiritually as well. Maybe she was so grateful to Jesus that she became one of his followers. Maybe she went back to her husband to be reconciled. One thing we can’t imagine is that she went back to living the way she had in the past.

This is what happens when we have an encounter with God’s mercy. Our gratitude for what Jesus has done for us leads us to follow him more closely. It softens our heart and helps us be more merciful toward other people. And we receive the grace that strengthens us against further temptation to sin.

Do you want to have this kind of encounter? It’s yours for the asking! The words Jesus spoke to this woman are essentially the same words the priest says to us in Confession: “I absolve you from your sins.” Even if you feel as if other people are condemning you, even if you are condemning yourself, Jesus doesn’t condemn you. He forgives you. He saves you.

Over these next two weeks, take advantage of the opportunities that will be offered at your parish or one nearby to go to Confession. Let Jesus’ mercy set you free. Then spend the remaining days leading up to Easter thanking him for loving you so much. Let your gratitude move you to follow your Savior even more closely—and to be just as merciful to the people around you as he is to you.

“Jesus, thank you for your unending mercy!”

The Word Among Us

M U S I C  N O T E S

Cathedral Organist & Music Director
Denis Bédard  (604) 322 5995
Assistant Organist & Music Administrator
Catherine Walsh (604) 222 8072

MUSIC PROGRAMME FOR THE 11 AM MASS
Sunday, April 7, 2019
Organist: Denis Bédard

Kyrie, Sanctus, Agnus Dei:
Missa Brevis II - D. BÉDARD

Offertory:    Ecce quomodo (Choir) - J. HANDL

Communion:
1.    Hide not thou thy face from us (Quartet)
      - A. BATTEN
2.    Turn Thy face from my sins (Choir & Soloist)
      - T. ATTWOOD
3.    Adoramus Te (Choir) - G. P. PALESTRINA

MUSIC PREVIEW FOR APRIL 14, 2019

In Monte Oliveti - M. A. INGEGNERI
Improperium - J. GRUBER
O Vos Omnes - J. OF MANTUA
Adoramus Te, Christe - G. PITONI

ADVERTISE!! If you or your company would like to advertise on the back of the Holy Rosary Cathedral Bulletin, please contact Max Madrussan for more information at (778) 899 6388 or send an e-mail to mmadrussan@cancommedia.com.
CATHEDRAL LIFE

BAPTISMS
Baptisms are held on most Sundays at 2 PM. Preparation classes are held on the second Saturday of each month. Please call the Cathedral office to find out more.

MARRIAGES
Bookings should be made at least six months in advance. Couples please contact the Cathedral office for information.

ALTER SERVERS
The Cathedral has a team of dedicated men who are scheduled to help at specific Masses. Contact: Fr. Juan Lucca, jlucca@rcav.org.

CATHEDRAL BELL Ringers
Our eight bells are rung by hand by a dedicated band of bell ringers. New ringers, experienced and learners, are always welcome. Visit www.vscr.ca for more information.

CATHEDRAL GIFT SHOP
The Gift Shop aims to be open before and after the noon, and evening weekday Masses, Sunday morning and evening Masses, & is staffed by a crew of dedicated ladies. Thank you for your support.

CATHOLIC WOMEN’S LEAGUE
The Catholic Women’s League of Canada is a national organization, rooted in Gospel values, which calls its members to holiness through service to the people of God. We organize a wide variety of spiritual and social events and good works. Please contact Jane Rosenthal at janemrose@telus.net

CHURCH CARE & CLEANING
The church is given a thorough cleaning from 9 - 11 AM on the last Saturday of each month. More hands are needed. Contact the parish office at office@vancouvercathedral.org

USHERS & GREETERS
Help is needed to distribute bulletins, take up the collection, welcome all who come to Mass and generally be ready to serve with a smile! Contact: Bertilla Watanabe, Email: bwatanabe@holyroscarycathedral.org

CHOIRS
Three choirs offer a variety of music repertoires to enrich our prayer experience. Find out which of our choirs is right for you. Contact: Catherine Walsh at (604) 222 8072.

VANCOUVER GENERAL HOSPITAL CHAPLAIN CONTACT
Fr. Jude Iloghalu is the Chaplain at Vancouver General Hospital. He resides at the Cathedral. In case of medical emergencies please contact him at (604) 230 7217.

HRC YOUNG ADULTS
HRC Young Adults is the Cathedral’s young adult group. We welcome Catholics in their 20’s – 30’s to join us as we cultivate our faith and create friendships through fellowship as well as educational and service opportunities. Contact: hrcyoungadults@gmail.com; http://facebook.com/hrcyoungadults

LECTORS
If you are a regular at the Cathedral and if you are a practicing Catholic, you may apply. We are always looking for new lectors. For more information please contact David Cuan by e-mail: lector.hrc@gmail.com

EXTRAORDINARY MINISTERS OF HOLY COMMUNION
If you are a regular at the Cathedral and if you are a practicing Catholic, you may apply. Please contact Shirley Wang (604) 879 8295.

HANDMAIDS OF THE LORD
This is an all-women ministry of the Couples for Christ. Please contact: Grace Inonog, graceaka44@yahoo.com.

KNIGHTS OF COLUMBUS
The K of C is a fraternal benefit society founded on the principles of charity, unity and fraternity. For more information please contact: Grand Knight James Faulkner, (778) 881 1937 or holyrosary.council14652@gmail.com

LEGION OF MARY
The men & women of the Legion are a well-established organization at the Cathedral. They serve in all areas of cathedral life as greeters, ushers and prayer leaders. For more information: Ruﬁna Amandiz, (604) 544-3358.

HISPANIC COMMUNITY
The weekly Spanish Mass now caters to the Spanish-speaking community in our parish. If you would like to get involved please contact: comunidadhispanahrc@gmail.com

COMMUNION AND LIBERATION
An ecclesial movement whose purpose is the education to Christian maturity of its adherents and collaboration in the mission of the Church in all the spheres of contemporary life. Learn more at clonline.org or contact us at communionliberationvancouver@gmail.com
62 HOMES NOW SELLING

The North Shore's Most Sought After Home

22' Wide Homes | 3 Bedroom Homes Ranging from 1,266 SF to 2,183 SF | Homes Come with Underground Parking or Connected Private Garages | Enjoy the Spirit Trail Greenway at Your Doorstep Winding from Horseshoe Bay to Deep Cove, Connecting You to Urban Conveniences | 5-Minute Drive or a 15-Minute Scenic Walk to the Iconic Lonsdale Quay | All the Features of a Family Home.

PRESENTATION CENTRE NOW OPEN
603 East 2nd Street, North Vancouver • Open Daily 12–5pm, except Friday or by Appointment
604 929 9333 • info@thetrailslowerlonsdale.com

REGISTER NOW TheTrailsLowerLonsdale.com

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